

SALA'AT

In punctuality, Discipline, cleanliness, and Sala'at, it trains us,

Along with exercise, uprightness, and relief from stress.

With consistency, Reverence, and Humility,

We are calling HIM 5 times daily,

Knowing that HE is watching over us constantly.

By surrendering to Allah our affairs,

We realise a peace that HE forever cares.

This feeling of peace enables us to continue

Our daily work with vigour anew

And dedicate all our actions to HIS Lordship,

That will then be accepted as ibadah- worship.

For man finds in most of the verses of the Quran that he reads:

A Muslim is one who, not only in ONE Allah, believes,
but also, who by HIS guidance does Righteous deeds.'

Allah is not in need of our prayers and praise,

It is we who need HIS Grace.

In Surah Furqan ^(Al-Quran, 25:77), HE warns:

Of severe torment, for evil deeds we earn.

If we want HIS guidance and attention,

HIS name, as HE has ordered, we should mention.

Of HIS Mercy we cannot be choosers,

If we refuse, it is we who are the losers.

Alas! It is no use to wail and cry

When the time comes for us to die.

THAHIRA IQBAL

DHMS/ BAIS/ MAIS (Alimah)

