



ETERNAL GUIDANCE TO SAVE AGAINST

# SIHR

{BLACK MAGIC}

And the jealousy caused by the

# EVIL EYE

"HOLD FAST TO THE ROPE OF ALLAH"

- "Hold fast to what has been inspired to you {the Quran},

Indeed, you are on the straight path"-<sup>43: 43</sup>

- "If Allah helps you, none can overcome you,

And, if HE forsakes you, who is there after HIM that can help you?

And in Allah let the believers put their trust." ---<sup>3: 160</sup>

"Those whom you call besides Allah cannot create (even) a fly, even if they combine, together for the purpose. And, if the fly snatched away a thing from them, they would have no power to release it from the fly. So weak are both the seeker and the sought."<sup>22: 73</sup>

*"And if Allah touches you with hurt, there is none who can remove it but HE, and if HE intends any good for you, there is none who can repel HIS Favor. ..."* - <sup>10: 107</sup>

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## **IQBAL PUBLICATIONS**

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*About the author:*

*The Author, Dr Thahira Iqbal (a retired medical Practitioner [75]), has been a mute witness all her life to the injustice meted out to the Muslim women, and the wrong concepts some hold, in the name of Islam.*

*She has been doing extensive study and research for the past 40 years about what the Quran and Sunnah of the Prophet ﷺ tell us: Is it just a book with only morals, which lead you to Heaven, or does it have any relevance to the way of life here, in this world?*

*She realized that the Holy Quran is the perfect Law book, which has all the answers, if one follows it diligently, to all the problems, including ways for a peaceful life in this world.*

*The books she has written under the title 'Eternal Guidance', is the result of all that she has found in the Quran and the life of our dear Prophet ﷺ, which if followed sincerely, will help man attain the Grace of Allah, as well as the peace that he surely lacks, in this world.*

*She is also a postgraduate in Islam from the IOU, University of Gambia, which has enabled her to grasp a great deal from the 8 years (from the ages of 64 to 72) she spent on her BAIS and MAIS studies. She learnt from her studies how to distinguish between authentic and unauthentic sources. May Allah grant her all the strength to pursue her research in comparative religions.*

Review:

Assalaamu Alaikum, Alhamdulillah, I have gone through all the pages and found that you have put in a lot of effort to bring out the truth. May Allah grant you the reward for your efforts to teach the people through your writing. Ameen.

From,

Mohammad Fayaz Alam,

Khateeb of the Anjuman Himayath-e-Islam,

Chennai. Tamil Nadu. India.

=====

### **RIYA (SHOWING OFF)**

We all know that Riya (showing off) is a great sin,  
That throws all our good deeds into the bin. (Surah Maun, 107)

Sometimes, Shaitan prevents us from doing good.  
He makes us feel we are showing off, then ignore him; we should.  
Let us remain steadfast in our Salaat, and Allah's refuge seek.

Turn away from his was-was, and do not be meek.

For it is the weak who fall to his temptations  
And makes us do things without dedication.

If we supplicate and, to Allah, sincerely surrender,  
Shai'tan has no power over us, and in his efforts, he will blunder.

*No Sihr or Evil Eye, on us will have effect,  
If, in our deeds, we try to be perfect.*

Hence, let us strive to do good and avoid evil,  
And with Allah's help, drive away the devil,  
Be sincere and regular in your prayers without Fear,  
For in the Quran, Allah says that HIS help is near.

### **FEAR:**

Allah says: "Call upon ME, close to you I shall be."<sup>40: 60</sup>  
"Do not fear them (the disbelievers) but fear ME."<sup>2: 150</sup>

Therefore, a true Muttaqun should have no fear  
For it is Satan that causes it here.,  
And prevents you from doing what you could,  
To reach Allah's Grace as you should.

## ACKNOWLEDGEMENT

اعوذُ بالله من اَشِيْطَانِ الرَّجِيْمِ

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

I cannot thank Allah enough for enabling me to pour out the correct words, and WHO guided me through these valuable manuscripts, containing the correct Aqeedah of Islam.

I especially wish to thank the faculty of IOU and Dr. Bilal Philip, in my BAIS studies, for enlightening me to the existence of possessions of Jinn upon the people, a subject which I did not know of. Alhamdulillah.

I also thank my mentor and guide, Imam Fayez Aalam, the Khateeb of Anjuman e-Himayat Islam (Chennai), for his help in clarifying my doubts and taking his precious time in correcting my compilation, and encouraging me all along to write more of my books.

I also wish to thank all those who went through my work, and gave their valuable review regarding it, and my children for being constant support for me, and encouraging me, especially my elder son, Salim Iqbal, who saw to it that I had uninterrupted internet connection, and peace of mind to pursue my studies, as well as for my writing. My younger son provided me with the Computer in Arabic, and I thank my daughter, daughters-in-law, and grandchildren for egging me on whenever I felt low, and gave me the courage to pursue my work.

And, here I cannot help remembering my late parents, who, though unlettered, encouraged me to study in an English-medium Missionary school. This has helped me to study further, through online, as well as do research in comparative religions, and to increase my knowledge, even in my old age. May Allah grant them Jannatul Firdous. Ameen.

I also wish to thank all those who were opposed to my views for their vehement criticism of my work. When I gave the rough copy of my books for review, they demanded an explanation for many points that seemed controversial. I thank them profoundly for their criticism, and by the Grace of Allah, I have been able to explain all of them.

## FORWARD:

I pray to ALLAH that this article of mine will induce the Ummah, instead of following all other books which can easily mislead man astray, to turn toward the Quran more and more.

All one has to do to differentiate between Innovations and Truth is to read the Quran with meaning, and strive to live one's life according to the injunctions given in it, as shown practically by the way of life (Sunnah) of our Beloved Prophet ﷺ.

This book is supposed to answer the doubts of only those who call themselves Sunnis. I have not touched the subjects of other deviant groups, because that in itself would be a different subject altogether, to contemplate.

We find that whenever a person seems to be gripped by any mental or physical problem, or whenever any adversity touches him, he immediately concludes it to be **Sihhr**, or **Evil Eye**, and blames it on somebody whom he does not like. And, to be rid of its evil effects, many, instead of turning to Allah for protection, run to those who themselves do Sihhr, to use their magic or tie talismans (Tabees)!

Satan induces us to doubt the power of Allah.

May Allah guide all our Ummah through the right path: the Path that leads to attain the Pleasure of Allahut'alah, and peace in this world which we all yearn for, and ultimately Heaven. Ameen.

If there are any mistakes in my writing, I accept them with bowed head.

I humbly request my readers to refer to the Qur'an for authenticity and accept it only if it is correct. However, please beware of misinterpretations, coined by some Hypocrites to mislead us.

'All the praise and thanks be to Allah, the LORD of the Aalameen and peace be upon Mohammed ﷺ, the Last of the Prophets and upon his family, his companions and whoever follows him with benevolence until the Day of Resurrection.'

**The verses from the Quran have been quoted with *the* Number of the Sura: Number of the Verse. Hence, 'Surah Fatiha vs verse 5' will be as 1:5**

## I. JINN AND SIHR— {BLACK MAGIC}

---

**SIHR** in itself is a vast subject, and I have tried to make it as concise as possible. Islam came to remove the fear of Superstitions, Sihr, and slavery of one man to another.

But, Alas! Shai'tan, through the Hypocrites, has succeeded in causing this very same fear to assail some of us Muslims. When we fear Satan and the Sihr he causes, it only shows that we fear him more than Allah.

### WHO ARE JINN? DO JINN EXIST?

Many people in this world do not believe in the existence of Jinn or angels. However, we find that Allah Himself has mentioned in the Quran that HE has created Jinn and angels, and all of the Universe, and prepared the earth for Human beings long before they were created: HE declared <sup>(Al-Quran, Surah 51: 56)</sup>:

“And I did not create the jinn and mankind except to worship **ME.**”

وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ

- Angels are created from light and have no free will. They only obey the command of Allah, whether to convey messages to the Prophets, to blow or take away life, to guard Hell, to record the deeds of human beings and Jinn, to provide rain, or whatever Allah orders them to do. They have no other feelings except what Allah has bestowed on them. Angels are mentioned in the Quran more than 100 times while explaining how they fulfilled various commands of Allahut'alah.
- On the other hand, Jinn are beings, created by Allah from the smokeless fire, and just as human beings (who are created out of mud), they too have limited free will, to choose between belief and Kufr. <sup>{Al-Quran, Sura 55- 14,15}</sup>

Similar to human beings, if they choose righteous deeds, they too will attain the Bliss of Heaven, and if they disobey, they will end up in Hell. They have feelings just like humans, namely, anger, love, compassion, etc.

There are good jinn and bad jinn.

- There is a whole Sura <sup>(72)</sup> devoted to the Jinn; in it we find that, after Allah sent Mohammad ﷺ to the earth as the last Prophet, some of the progeny of the

Jinn happened “to listen to the Quranic revelations that Allah sent to him ﷺ. They believed in it and became among those who submitted to Allah; they became Muslims. {Al-Quran, Sura 72: 1-3// Sura 46: 29-32}

- When Allah created Adam عليه وسلام, and ordered the angels to prostrate to him, they all obeyed, except Iblis, who was a Jinn. - (Al-Quran, Sura 7: 11- 18)

He refused in His arrogance and jealousy. So much so, that when Allah cursed him, and threw him out of Heaven, Iblis the accursed (Shai'tan), instead of repenting, challenged Allah, that he would mislead the human beings, by attacking them with his army from the right and left!!

*“[Satan] said, "Because You have sent me astray, I will surely sit in wait for them on Your straight path. Then I will come to them, from before them and from behind them and on their right and their left, and You will not find most of them grateful [to You].”* – (Al-Quran, Surah 7: 16,17)

Allah accepted the challenge of Iblis:

*“And befool them gradually those who can, among them, with your voice, attack them with all your might, with your cavalry and infantry----But MY worshippers, you have no authority over them.”* --- (Al-Quran, Surah 17: 63- 65)

*“Certainly you (Satan) shall have no authority over my slaves, except those who follow you of the Gha'win (choose the wrong path).” And Hell is the promised abode for them all (who befriend Shai'tan)* – (Al-Quran, Surah 15: 42, 43)

When Adam and Eve were tempted by Satan, sinned by eating the forbidden fruit, they repented and were forgiven. But they were no longer pure enough to stay in heaven. Hence, Allah sent them down to earth and warned them of the temptations of Shai'tan. HE informed them that HE will be sending prophets among them; “Whenever guidance comes from ME, and whoever follows MY Guidance, there shall be no fear on them nor shall they grieve—Al-Quran, Surah - 2: 38

That means those who obey all the Prophets sent by Allah and become Muslims (submit to the will of Allah) will be mentally free from any Fear or Grief, whatever adversities they may have to face. (Al-Quran, Surah 2: 38).

*Muslim is taken from the root word slim, to surrender*

*Thus, the meaning of Muslim is the one who surrenders to None but Allah.*

## 2. WHAT IS SIHR? <sup>1</sup>

- ✓ Sihr means Black magic: Magic means an act which resembles a miracle, but it is not. *Miracles happen by the power of Allah, while magic is learnt, with the help of Satan, by pleasing him with abominable acts.*
- ✓ Invoking the Jinn (Satan) to use their evil powers, to cast a spell on somebody we are jealous of, or want to be ruined, is called Sihr, or Black Magic, or witchcraft. This is vehemently prohibited in the Quran.
- ✓ According to Shari'ah, Sihr (hidden act), is what the magicians do to delude and confuse people, so that the one who is watching thinks that it is real when in fact it is not.
- ✓ It is a contract or something spoken or written, or done (with the evil Jinn), to cause an ill effect upon the body, heart, or mind of the one bewitched, without actually coming in contact with him. OR,
- ✓ The occurrence of some extraordinary events (Khaariq), when something prohibited in the divine law (Sharr) is said or done.

Through this Sihr, Possession of the mind or partial parts of the body can take place, rendering the victim helpless and prone to convulsive disorders like epilepsy, etc. In such conditions, it is allowed for a well-informed Muslim Moulavi, or a person well educated in the Scriptures and Fiqh, to help the victim through reciting certain Surahs of the Quran, to get the Jinn that has possessed him out of his system.

*However, in most cases, the person may be suffering from only biological Hystero-epilepsy, which has to be treated by psychologists. Hence, it is better to approach a doctor simultaneously while reciting the Ruqyah upon him.*

*In such extreme cases, the Qaree can resort to the following:*

1<sup>st</sup> step - Addressing the possessing spirit – and tell him to leave, in the name of Allah, and that it is not right for him to possess the victim.

2<sup>nd</sup> step - Cursing, abusing it, while calling upon Allah's help

3<sup>rd</sup> step - Recite some verses from the Quran over the individuals.'

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<sup>1</sup> Source 'Jinn and Human sicknesses by Dr. Abu'l Mundhir Khaleel ibn Ibrahim Ameen

### 3. CAN A GOOD JINN BE APPROACHED BY MAN?

**There are some Muslims Scholars who claim that it is allowed to seek the help of good Jinn. However, they are wrong in their assumption.**

- It is the bad Jinn-- Shayateen (plural)--who tempt us to turn away from Allah's Laws. If we disobey Allah and fall into his temptation, then we become his slaves.
- A righteous Jinn, on the other hand, never interferes with the affairs of Human beings. They neither help us nor harm us. They live a life completely away from us, after they heard the verses of the Quran and became Muslims. <sup>72: 1-14</sup>
- They have their own lives to keep away from sin, and to worship Allah according to HIS command. Some people believe that we can contact them, but this is not true. Just as righteous men keep to themselves and not waste their time on things that do not concern them, Good Jinn also keep away from the company of Human Beings.
- If at all, we experience the closeness of any Jinn, it is only the Evil Jinn: Shai'tan that pretends to be good, to mislead man from the righteous path, *step by step*, away from the Grace of Allah, and towards Hell.

*"And never let Satan avert you. Indeed, he is to you a clear enemy..." - Surah 43: 62*

*"O you who have believed, do not follow the footsteps of Satan. And whoever follows the footsteps of Satan - indeed, he enjoins immorality and wrongdoing..."*  
*Surah 24:21*

Therefore, we must be careful not to fall for the soothsayers' words to invoke the Jinn, claiming that they are good Jinn and will help us with our problems. The soothsayers even tell us to repeat some words to invoke the Jinn, while it is indeed nothing but shirk, and will throw us into more despair, in this world, as well as into Hellfire, in the Hereafter.

*Please note that to drive away the Jinn, the only right way to be adopted is through the words of the Quran. One must never approach a Moulavi or Mufti or a soothsayer, one who seeks the help of the Jinn or the Shaitan, nor should he approach anybody of other religions.*

#### 4. ARE THE CLAIMS OF THE SOOTHSAYERS TRUE?

'The soothsayers and others who have contact with Jinn, say that they have control over the Jinn, and that is how they can derive the hidden knowledge of the past and future of their customers.

However, one must realize that: Human beings cannot gain control over the Jinn, as this was a special miracle, **given only to** Prophet Suleiman عليه وسلام, by Allahut'alah, when he repented for his sins and prayed:

"My Lord, forgive me and grant me a kingdom such as will not belong to anyone after me. Indeed, YOU are the Bestower." (Surah Sad: 38:35)

Contact with the Jinn in circumstances other than possession, or accident, is most often made by the performance of sacrilegious acts despised and forbidden in the religion. <sup>(24:21)</sup> i.e., they do things that are forbidden by Allah, to please the Jinn, and thus *they are enslaved by him*.

The evil Jinn summoned in this fashion may aid their partners after they make a contract to abide with him <sup>72:6</sup>. His goal is to draw as many others as he can, into the gravest of sins; the worship of others besides or along with God. Once contact and contract with the Jinn are made by fortune-tellers, the Jinn may inform them of certain events of the future.

This was possible easily till the era of our Prophet ﷺ. But, after that, any attempt to eavesdrop was foiled by striking at them by the comets <sup>(Al-Quran, 67: 5)</sup>. Therefore, now, they mix truth (that they can snatch away from their endeavour <sup>37: 10</sup>, with falsehood and try to beguile the people who, when some matter happens in coincidence, believe them to be true soothsayers.'

*"Whoever goes to a fortune-teller and asks him about something, his prayer will not be accepted for forty nights."* (Sahih Hadith Muslim 2230)

## 5. HOW DO THE SOOTHSAYERS INFORM ABOUT THE PAST AND FUTURE?

The Prophet ﷺ has explained how the Jinn gather information about the future. He related that the Jinn were able to travel to the lower reaches of the heavens and listen in on some of the information about the future.

We find in the Quran in Surah Jinn a lot of details about the Jinn. They (the bad Jinn) confess that among them, there were some Jinn who used to pry into the secrets of heaven. They used to sit in hidden stations, to steal a hearing from the angels, who used to discuss the people of the earth. <sup>2</sup>

Allah says in the Quran that whoever deviates from the way of Allah and HIS Messenger ﷺ, "Whosoever blinds himself from the Remembrance of the Merciful, WE shall assign for him an evil Satan (Qareen), who will be his (ever misleading) companion. And indeed, the devils avert them from the way [of guidance] while they think that they are [rightly] guided"- (Al-Quran, Surah 43: 36, 37)

Allah will set the Shaytan (Qareen) for him as an intimate companion, to make it seem that his vile deeds are fair, and that they are guided right. As a result, he will go on doing it, till he is termed a wrongdoer and burnt in Hell. <sup>3</sup>

"And verily there were (are) among men who took refuge with males among the Jinn, but the Jinn increased them in sin and transgression." — (Al-Quran, Sura 72: 6).

وَأَنَّهُ كَانَ رِجَالٌ مِّنَ الْإِنسِ يُعَوِّدُونَ بِرِجَالٍ مِّنَ الْجِنِّ فَزَادُوهُمْ رَهَقًا

> The Soothsayers, who took refuge with these jinn, had to oblige him by committing the worst of abominable sins, to receive some news of their clients from them. This is how they used to take their help, to foretell the future of their clients.

<sup>2</sup> Source: Sunnah.com: Sahih Bukhari: 3288

<sup>3</sup> Al-Quran, Surah Fatir - 35:8//// Surah Az-Zukhruf - 43:36//// Al-Lail -92: 8-10

> This way, in the past, those who invoked Satan were able to tell the future of the people, and *were held in great esteem, even in the courts of Emperors.*

> *But, after Mohammad ﷺ was sent to mankind, these jinn confess that: "... we have sought [to reach] the heaven, but found it filled with powerful guards and burning flames." "And we used to sit therein in positions for hearing, but whoever listens now, will find a burning flame lying in wait for him." Al-Quran, Sura 72: 8,9*

– وَأَنَا لَمَسْنَا السَّمَاءَ فَوَجَدْنَاهَا مُلِئَتْ حَرَسًا شَدِيدًا وَشُهَبًا

وَأَنَا كُنَّا نَقْعُدُ مِنْهَا مَقَاعِدَ لِلسَّمْعِ فَمَنْ يَسْتَمِعِ الْآنَ يَجِدْ لَهُ شِهَابًا رَصَدًا

> Hence, they could no longer predict the future. When a person approaches the soothsayers, they, the soothsayers, invoke the personal 'Qareen' (Shayateen) of the person for help, and can tell him accurately about his past (but what is said about his future may not be true).

> When the person hears them say their past accurately, he tends to believe that what they will say of his future also must be true. Sometimes, when, through coincidence, some of the predictions come true, they tend to think that the soothsayer is indeed very well knowledgeable.

> However, now, as mentioned above, when the jinn try to pry the secrets from the angels, fiery comets chase them away. Thus, the soothsayers receive from the jinn false information mixed with truth that they may have snatched while fleeing (72: 6-9).

> These soothsayers behave as if they had the secret of the unseen, but they are triflers (cheats), for they do not know what is going to happen to themselves in the future. *If they had known, they could easily have evaded any misfortune that would assail them. The unseen is certainly not within their knowledge or control.*

**ONLY ALLAH IS THE AALIMUL GHAIB- (THE ALL-KNOWER OF ALL THAT IS HIDDEN)**

## WHAT ARE SUPERSTITIONS AND TAGHUT?

*Allah warns us Muslims to keep away from Superstitions and Taghut*

*Al-Quran- 4: 51*

**“Have you not seen those who were given a portion of the Scripture, who believe in baseless superstitions and Taghut, and say about the disbelievers, 'These are better guided than the believers as to the way'”**

**Superstitions:** *Sorcery or anything we fear will harm us, like a cat crossing our path, or seeing a black crow, some bad days like Wednesdays, some bad months, etc., come under superstitions. There is no bad day or bad time. All time belongs to Allah, and anything started in HIS name will bring only good.*

**Taghut:** *Anything through which we think we can get help, other than from Allah, is called Taghut. Example deities, graves of pious people, talisman or copper bangles, or thread tied round the wrist or waist, etc., are all Taghut, if we depend upon these to save us. It is joining partners with Allah. Allah curses such people. (Islamqa.com)*

## 6. CAN OUR FUTURE BE REALLY PREDICTED?

Allah says that HE has 'tied man's fate to his neck'

➤ *"And [for] every person We have imposed his fate upon his neck, and We will produce for him on the Day of Resurrection, a record which he will encounter spread open."* – (Al-Quran, Sura 17: 13)

➤ *"What comes to you of good is from Allah, but what comes to you of evil, [O man], is from yourself."* (Al-Quran, Sura 4: 79)

- مَا أَصَابَكَ مِنْ حَسَنَةٍ فَمِنَ اللَّهِ ۗ وَمَا أَصَابَكَ مِنْ سَيِّئَةٍ فَمِنْ نَفْسِكَ

➤ *"And whatever strikes you of disaster - it is for what your hands have earned; but He pardons much."* – (Al-Quran, Surah 42: 30)

- وَمَا أَصَابَكُمْ مِنْ مُصِيبَةٍ فَبِمَا كَسَبَتْ أَيْدِيكُمْ وَيَعْفُو عَنْ كَثِيرٍ

-i.e., *our real fate does not depend upon birds or omens or stars.*

### ONE'S FATE DEPENDS UPON HIS PAST DEEDS.

- Therefore, it is no use to find the future of man, because his destiny depends according to his own deeds. - Tafseer No: 2187 Holy Quran

- *This is the reason that it is very essential to make our children realize the importance of leading a life of Righteousness during their young age, to save them from being afflicted by the consequences of their deeds, during the latter part of their life, in this world.*

- We can never know what is in store for us in the future, because Allah Alone knows that. Therefore, all we can do is 'plead for Allah's forgiveness **regularly**, seek HIS refuge from Satan, and strive to do good deeds pleasing to Allah, as much as possible.

- It is the Effort That We Take, and the humility and submission we show to Allah, That Counts Ultimately.

- *It is important to realize that any problem we may face in this world can be a result of our sins, which we may have committed previously, and by which we are given a chance to turn to Allah in repentance.*

- Or, it can be a test to check if our repentance is really sincere, and if we are steadfast and patient.

- Or the adversities may *be a warning*, to make us realise that we are helpless without the Grace of Allah, and make us humble and sincere, in our supplications to HIM.

- Indeed, when we face any adversity, instead of panicking, we should be thankful to Allah; thankful for giving us a chance to introspect, and take account of ourselves, before we are taken account by HIM in the Hereafter, when it will be too late to repent. Hence, the first step when we face any adversity is to introspect within ourselves if we have done any sin for which we must ask for forgiveness.

This is why Allah and HIS Messenger ﷺ have forbidden man to approach the fortune tellers, to find out about their future.

The purpose of the creation of the stars in the skies is to guide the way for mankind, as an adornment in the skies, and to drive away the devils from eavesdropping on what the angels discuss regarding the future of humankind. <sup>4</sup>

That is why 'ASTROLOGY', which falsely teaches the future of man by the position of the stars, is forbidden, while Islam allows the study of 'ASTRONOMY,' which helps him to find the directions he has to take while travelling.

## 7. THE SIN OF APPROACHING FORTUNE TELLERS:

○ Our Prophet ﷺ has warned that if he does so, 40 days of his Sala'at will be wasted without benefit for him (even if he regularly prays). <sup>5</sup>

○ *'And one who believes in fortunetelling, and goes to him, is not a follower of the Prophet ﷺ and has disbelieved in his teachings.'* --- <sup>6</sup>

○ ***And any who have a connection with the Jinn are disbelievers. They can never smell the fragrance of Heaven.*** – Al-Quran, Surah 2: 102

○ It is important to remember that, if we are constant in our Salaat and zikr, keeping our lips moist with the remembrance of Allahut'alah, will help us avoid any evil or dirty acts by which we may be affected by Sihr or Evil Eye.

And Allah declares that "The Quran is a healing." (Al-Quran, Surah 17: 82)

**"WHOEVER FOLLOWS HIS GUIDANCE WILL HAVE NOTHING TO FEAR OR GRIEVE."** 2: 38

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<sup>4</sup> Tabari: 28: 508

<sup>5</sup> <https://sunnah.com/nawawi-40:19>

<sup>6</sup> Source: <https://islamqa.info/en/answers/112069/>

## 8. CAN WE SEE THE JINN?

“He and his tribe see you in a position from *which you cannot see them.*”

إِنَّهُ يَرَاكُمْ هُوَ وَقَبِيلُهُ مِنْ حَيْثُ لَا تَرَوْنَهُمْ — 7: 27

Therefore, anyone who claims to have seen a jinn is a liar.

We can be sure that we cannot see the Jinn.

There are various Hadith that are misunderstood and create unnecessary fear in man. For example, our Prophet ﷺ has said that some of the Jinn come in the form of black dogs or snakes. <sup>7</sup>

Just because Mohammad ﷺ has said that Satan appears in the form of a snake or a black dog, people take it that every black dog or snake they see is Satan. But it only means that when Satan wants to appear before a person, he appears in the form of a flying creature or a black dog, or a snake.

If at all we come across any black dog or snake, we only need recite:

لَا حَوْلَ وَ لَا قُوَّةَ إِلَّا بِاللَّهِ :

**‘NOTHING MOVES WITHOUT THE POWER OF ALLAH’** <sup>8</sup>

OR, the Aayatul Kursi and Mu’awwidhatayn. *If it is Satan, it will go away.*

To be saved from the Sharr (evil) of Satan, we need only be;

- Regular in Sala’at and supplications,
- Recite the Mu’awwidhatayn regularly, and
- Seek forgiveness for our sins that we may have committed in our lives knowingly or unknowingly.
- We need not fear them, as long as we hold on to Allah and recite HIS Words from the Quran.

Thus, we realize that, as long as we keep remembering Allah and hold firmly to HIS laws, and the guidance of our Prophet ﷺ,

**A TRUE MUSLIM NEED NOT FEAR THE JINN.**

<sup>7</sup> <https://islamqa.info/en/answers/2340/types-of-jinn>

<sup>8</sup> Al-Quran, Surah 18: 39 – (Sahih Bukhari- 6384 - Source: Sunnah.com)

## 9. HOW DID SIHR ORIGINATE?

*The Jews were the ones who followed the satanic verses taught by their leaders, declaring that it was practiced by Solomon (Suleiman عليه وسلام), and hence practicing it is not a sin.*

When Mohamed ﷺ came to them, the Jews wanted to contradict and dispute with him, using the Torah. But when they found that the Torah and Quran affirmed each other, they "...after tossing their Scripture behind their backs", "... chose to follow the magical formulas taught to them by the devils." They used to justify their practice of magic with the mystical system called Cabala, claiming that it was the 5th book of Moses. <sup>9</sup>

*'Lisaan Al-Arab listh Asaf' was the name of the book revealed to Prophet Suleiman عليه وسلام, by Allah, who gave him control of the wind, and to understand the language of all animals and birds. The Jinn were subjected to his service, who did all the heavy work for him. <sup>10</sup>*

*Allah declares in Surah Baqarah: "And, they (the Jews) followed [instead] what the devils had recited during the reign of Solomon. It was not Solomon who disbelieved, but the devils disbelieved, teaching people magic, and that which was revealed to the two angels at Babylon, by **Harut and Marut**. But the two angels did not teach anyone unless they said, 'We are a trial, so do not disbelieve [by practicing magic]. And [yet] they learnt from them, that by which they cause separation between a man and his wife. But they do not harm anyone through it, except whom Allah allows... And the people learn what harms them, and does not benefit them. The Children of Israel certainly knew that whoever purchased the magic would not have any share in the Hereafter. And wretched is that for which they sold themselves, if they only knew.'" (Al-Quran, Surah 2:102)*

We know that any knowledge, if put to wrong use, can lead to evil. For example, the modern technologies of the present world, like Mobiles, TV, and Videos, can be of great benefit to society. However, this same technology is being misused to mislead the present generations towards Fahisha and other evil deeds.

<sup>9</sup> Source: 'Book of Jinn' by Dr. Bilal Philip.

<sup>10</sup> -(Al-Quran, Surah 38: 35 -38)

Similarly, 'the evil ones, among the Jews and other disbelievers, who besides their fraudulent magic, also learnt of a little of the true science (of astronomy) from Harut and Marut, and applied it to evil uses, to separate man and wife and other blood relations, partners in business, etc., by using their fraudulent magic.

***This makes it clear that, the Shayateen (bad men), learnt the true science from the pious people: Harut and Marut, who warned them not to misuse it, and mixed it with the magic that the devils had taught them, and used it to cause division among the people, especially to separate husband and wife.***

*(This is why a married couple should always be vigilant regarding their relationship, ignore the imperfections of one another, and strive to keep their love alive. Hence, instead of fighting with each other, join hands and together fight the Shaitan, and seek refuge with Allah. For Shaitan has no power over those who are steadfast in their Salaat and Azkaar (remembrance of Allah).*

*This is because the Shayateen can never harm anyone except by Allah's Leave. And, Allah also warns that anybody, even if he be a Muslim, who practices Sihr will be thrown into Hell. I.e., he becomes a non-believer!!*

*As per Islamic law, the punishment for practicing Sorcery is death. But today, in the name of Democracy, anything is allowed, and witchcraft and devil worship flourish in many countries. Some of the Jews and Christians have deviated from the guidance sent through their Prophets and followed their desires.*

*Thus, to prevent any harm coming to us, we need to pursue the basic principles of Islam: Worship NONE other than Allah, avoid Shirk and any innovations that may lead to Shirk, and be steadfast in our Salaat, Azkaar, Zakat, Sadaqah, etc. Such of us can be sure of the protection of Allah upon us, and we need not fear that anything will harm us in any way.*

*This knowledge, about the Jinn, given to us, is **not to fear him** but to be cautious and beware of his tricks, so that we may recognize his deception and keep away from it. Therefore, a Muslim who says his 5 times Salaat and lives in constant remembrance of Allah and obeys HIS commands, need not fear such who practice Sihr (Black magic). Moreover, not all will practice it, because those who practice Sihr know that they will lose the Grace of Allah forever, here and the Hereafter, without which life is not worth living. (Al-Quran, 2:103)*

## 10. WHO WERE HARUT AND MARUTH? <sup>11</sup>

**Harut and Marut** were two pious individuals who lived in Babylon, a very ancient seat of science, mainly the true science of astronomy, in the early times of Eastern Monarchies.

○ Maruthu, or Madruk, was a defied hero, worshiped as a god of magic in Babylon. The Jews firmly believed that Allah sent down Harut and Maarut to teach magic to the people of Bani Israel. The Jews claimed that Allah sent this through Gabriel and Michael *to Solomon, son of David*. But that is not true.

Allah denies this false claim and informs through HIS Prophet ﷺ, that Gabriel and Michael were not sent with Magic. Allah never allowed Suleiman عليه وسلام to perform Magic. It was the devils who taught the people of Babylon to misuse the magic that they taught, along with the true science of astronomy, from Harut and Maarut, who warned them not to misuse it. They were 2 ordinary pious men, and not angels nor Gabriel or Michael. *Surah Baqarah (101-102)*

Among the Jewish traditions, in the Midrash (Jewish Tafsir), was a story of two angels who asked Allah's permission to come down to earth, but succumbed to worldly temptations. As a punishment, they were hung up in a cave, by their feet, at Babylon.

Such stories about sinning angels who were cast down to punishment were also believed by the early Christians. (Some Muslim Muftis, too, have copied from their texts and spread these lies all over the Muslim world. We should be aware of such false narrations.

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<sup>11</sup> [Source: Saudi Holy Quran Tafseer No. 104-105 / Ibn Khathir Vol. 1; Page No. 315]

## 11. DOES SIHR REALLY EXIST EVEN NOW?

*Although it is hard to believe, we find many who do not care about Allah's wrath, praying to the devil and invoking Satan to get their wishes fulfilled, by practicing witchcraft. This is a fact that cannot be ignored.*

- Many have no belief that black magic exists.
- While others have an *excessive fear* of Shaitan and Sihr.
- Many people think that Sihr can be combated *only by Sihr*.

All these are wrong in their conception. This is because *it is a fact that black magic does exist*. However, at the onset, we find that it affects only the mind and makes man disturbed, mentally.

- ✓ Sihr is an art by which a person, on whom it is done, tends to believe that he is affected by it.
- ✓ While, in truth, most of the time (at the onset), Sihr can never harm anybody physically, but only *appears to harm*. It is all in the mind.
- ✓ Once a person feels' he is ill, he becomes ill. That is how Sihr works.
- ✓ This is called 'auto-suggestion' by the medical world.

As a result, Sihr sows suspicion among friends, spouses, business partners, and, once they fall prey to this suspicion without verifying, it starts causing division among them, or causing seemingly incurable illness. This, we find to be true. -- **12**

All said and done, if left unchecked, we cannot refute the power of the (evil) Jinn on man. He can cause terrible mental problems in him, even to the extent of taking his life, or unending ailments which cannot be cured. This is because, when the doctor tries to check the possessed man, Satan retreats from him, and the

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<sup>12</sup> Source 'Jinn and Human sicknesses by Dr. Abu'l Mundhir Khaleel ibn Ibrahim Ameen—English

patient seems normal. The moment the doctor leaves, he again enters the body and troubles him. <sup>13</sup>

True, we hear about haunted houses, levitating or burning furniture, and completely out of the world noises, that have taken place in remote areas of the world. All this may be the work of the Jinn, or some of them may be man's tricks. Whatever it is, it aims to create fear in man: fear of the unseen.

And people run to the magicians to get rid of this Sihr. Even today, this practice continues. Those 'Magicians' who invoke Satan get some benefits from him. In return, they are made to do the worst evil deeds possible, by which they can have no redemption from the Hell Fire.

Allah declares that anyone who practices Sihr, or takes the help of such who practice magic, will have no share in the Hereafter. Such use it, to harm themselves (by incurring the wrath of Allah), and can attain no Profit through it. – (Al-Quran- Surah 2: 102)

Usually, those who use Black magic find that it backfires on them!!

*'Undoubtedly, if one frequently recites Surah Baqarah, understanding its meanings and reflecting upon them, and strives to adhere to its commands and prohibitions, all of that will weaken the Shai'tan, and reduce his control and influence over the people of the household. This is because the Shai'tan only influences those who are heedless in remembering Allah, and ignore HIS commands in their words and deeds.'* <sup>14</sup>

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<sup>13</sup> Sheikh Umar Khan, the Imam of the school (IIS of Zakir Naik), narrated that he has seen such cases happen, and he has healed many such people who were under the influence of the Jinn.

<sup>14</sup> <https://islamqa.info/en/answers/243279/>

## 12. HOW ARE WE TO BE SAVED FROM SIHR?

Always the Proverb: PREVENTION IS BETTER THAN CURE, is the best formula. Hence, be steadfast in your Taqwah, and Tawakkul to Allah and NONE else.

### a. DO NOT FEAR

While Dr. Bilal Philip was lecturing about JINN and its evil, we were greatly disturbed and frightened. Hence, during a live session, we asked our teacher, Ismail Kamdar, how we can keep away from the evil of Satan.

He answered: 'As long as we are firm in our Faith and do not fear them, we will not be affected by Sihr.' Allah says:

- *"Behold! Some of them fear them more than they fear ME" – Surah 4: 77*

إِذَا فَرِيقٌ مِّنْهُمْ يَخْشَوْنَ النَّاسَ كَخَشْيَةِ اللَّهِ أَوْ أَشَدَّ خَشْيَةً -

- *"That is only Satan who suggests that you fear his supporters.*

*So, fear them not, but fear ME, if you are [indeed] believers." – Surah 3: 175*

إِنَّمَا ذَٰلِكُمُ الشَّيْطَانُ يُخَوِّفُ أَوْلِيَاءَهُ - فَلَا تَخَافُوهُمْ وَخَافُوا - إِن كُنْتُمْ مُّؤْمِنِينَ -

The one who constantly fears that he is affected by Sihr will be an easy prey to it, because he fears the Devil more than he fears Allah's benevolence.

Therefore, it is better not to dwell on such thoughts regarding Sihr.

Instead, dwell on Allah and seek HIM for help (through Salaat and Zikr)

- *"O you who have believed, seek help through patience and prayer.*

*Indeed, Allah is with the patient." ----(Al-Quran, Surah 2: 153)*

يَا أَيُّهَا الَّذِينَ آمَنُوا اسْتَعِينُوا بِالصَّبْرِ وَالصَّلَاةِ إِنَّ اللَّهَ مَعَ الصَّابِرِينَ

Pray to Allah, through Salaat, to keep us under HIS protection, recite the Quran regularly, and seek forgiveness for our sins. This alone will save us from the accursed Iblis and his Sharr.' And Allah promises:

- *"And hold firmly to the rope of Allah all together and do not become divided."*

وَاعْتَصِمُوا بِحَبْلِ اللَّهِ جَمِيعًا وَلَا تَفَرَّقُوا ----(Al-Quran, Surah 3: 103)

- As long as you hold on to the rope of Allahut'alah, "...magic will never be successful, no matter what amount (of skill) they may attain."— Surah 20: 69

... وَلَا يُفْلِحُ السَّاحِرُ حَيْثُ أَتَى -

### **b. FIRMLY BELIEVE:**

That NONE can frustrate the will of Allah. Such who take the help of Satan will never find a place other than the Fire of Hell.

Allah has ordered our Prophet ﷺ to declare;

"Say: No one can deliver me from Allah, (if I were to disobey HIM), nor should I find refuge except in HIM." ---72: 22

This is clearly mentioned in the Surah Baqarah (2: 102), also, that 'Sihr can never affect man except when Allah allows it.' And, HE will allow it only when we forget HIM)

Therefore, whatever happens, we should keep repeating with conviction:

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ -- "Hasbiyana Allahu Wa Niyamal Wakeel"—

Allah is sufficient for us, and how fine a Trustee HE is. — (Al- Quran, Surah 3: 173).

### **c. HAVE TAWAKKUL (COMPLETE SURRENDER):**

If man has this firm belief of Tawakkul, and strives to live according to, only what Allah has ordered, and the path our Prophet ﷺ has shown, then, he need have no fear of the attack of the Jinn (Black Magic), no matter where he lives even in a desert or village.

This fact is true in all matters about man. No Shai'tan can succeed in inducing you to do wrong—to lie, to cheat, to do Zina, to create mischief, etc.

- If *your whole attention is towards obeying and pleasing Allah.*
- And, regularly seek *HIS help* and Forgiveness.
- Read the Quran with understanding and live up to its command—namely, Hijab, patience, humbleness, Cleanliness, Zikr, Sala'at, etc.
- Establish Sala'at and give Zakat and do jihad (struggle) to live our lives as the Prophet (ﷺ) has shown us. Such are the ones who are successful – (2: 1-5)

➤ And those who follow the Prophet ﷺ are of those “who need not fear nor do they grieve” — (Al-Quran, Surah 2: 38)

➤ “Whoever rejects Tagoot, and holds the rope of Allah firmly, has held a handle, which will never break and HE is the Auliya (Protector) of those who believe, and will lead them from darkness [of ignorance] towards light [of knowledge] and, whoever disbelieves; their Auliya (friends, protector, and guide) are of the Tagoot (shaitan), who bring them from light towards darkness” (2: 257)

Therefore, beware of all the Bid'ah we innovate, which is only leading us -  
--- Towards shirk, Towards the darkness of ignorance.

➤ *By innovating new matters in religion, and thinking it is good, we are declaring that we are better than Allah and HIS Messenger.*

➤ Do not approach the witches or magicians, or even Maulvis, who pretend to recite the words of the Quran, and make talismans (taavees), or make the patient stay in a dark room and recite inaudible words, in their pretence of curing them. This is all nothing but a farce, or they may be invoking the Jinn to bring a cure! **THIS IS SURELY KUFR.**

➤ And Allah warns, “Whosoever turns away blindly from the remembrance of the Most Gracious (i.e. Allah and HIS Zikr), **WE** appoint for him Shai'tan to be a Qareen (an intimate companion) to him. And verily, they (The Qareen) hinder them from the path of Allah, but they think they are guided right.” ----(Sura 43: 36-37).

➤ And HE warns that “those who do not heed MY Ayah (signs), WE shall gradually seize them with punishment in ways they perceive not.” — (Surah 7: 182)

Therefore, instead of increasing our Ibaadah and remembrance of Allah, if we indulge in wasteful rituals, we can easily fall prey to Sihr and Jinn.

➤ Our Prophet ﷺ has shown us various ways to keep away Satan from our homes.

- When you enter the house, say: Bismillah
- Say Salaams to the angels when entering the house.
- When you go out, say: Bismilla hi Tawalqaltu al-Allah.
- When angry recite: **أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ** —

“I seek refuge with Allah from the accursed Shaitan.”

- Shai'tan will not enter the house where the Surah Baqarah is recited!!

- Recite Aayatul Kursi and three Khul (Sura Ikhlas and the Mu'awwidhatayn) every morning and evening. Shai'tan will run away. – <sup>15</sup>
- **Dua** is a very powerful weapon against Satan and Sihr. Keep seeking Allah's Help and forgiveness through Azkar and Istighfar.

**d. KEEP YOUR LIPS MOIST WITH THE ZIKR OF ALLAH:**

Our Prophet has told us to: 'Keep your lips moist with the zikr of Allah. <sup>16</sup>

What is Zikr of Allah?

Azkaar (plural) is of three types.

- One is the constant supplications we should say to Allah praising HIM, and seeking HIS help with the **Mu'awwidhatayn**, Surah Ikhlas, Tasbeeh, Tahmeed, and Takbeer, etc. These should be memorized and repeated as much as possible.

- A second type is to recite the Quran regularly with understanding. Shaitan does not enter the house where the Surah Baqarah is recited.

"And, when you recite the Qur'an, **WE** put between you and those who do not believe in the Hereafter, a concealed partition."- <sup>17:45</sup>

وَإِذَا قَرَأْتَ الْقُرْآنَ جَعَلْنَا بَيْنَكَ وَبَيْنَ الَّذِينَ لَا يُؤْمِنُونَ بِالْآخِرَةِ حِجَابًا مَّسْتُورًا -

Therefore, when we are in danger of any harm from the enemy, instead of panicking, we should only recite the verses of the Quran. Surely you will be saved from harm (Experience shows that it is true).

- The third type is the duas, which we recite in different walks of life, like sitting, standing, sleeping, changing clothes, etc. Many think that we have to memorize all the supplications that are found in the book of duas, which has been compiled by the scholars (from the Quran and Sahih Hadith) for us.

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<sup>15</sup> > <https://islamqa.info/en/answers/243279> <

<sup>16</sup> Source: Ibn Rajab's Commentary on Nawawi's 40 Hadith/version of 'Amr ibn Qays al-Kindi from 'Abdullah ibn Busr. {{Ahmad in the Musnad (4:188), at-Tirmidhi (3435). Etc.

Although it is good to try and memorize them, in case we do not know the duas, or are not able to memorize, we can ask Allah in our own language.

Allah understands our needs perfectly well. HE will respond to it as deems fit. Just ask HIM, the MOST Merciful, to guide you in any matter.

- For example; if we are going to do some important work we supplicate in Arabic; “Our Lord, grant us from Yourself mercy and prepare for us from our affair right guidance.” - رَبَّنَا آتِنَا مِنْ لَدُنْكَ رَحْمَةً وَهَيِّئْ لَنَا مِنْ أَمْرِنَا رَشَدًا Al-Quran 18: 10

But if we are not able to memorise it, or forget the words, we can just say: Please Allah help me in this venture of mine. HE will facilitate it, if it is good for you.

- Allah declares – “Who, when disaster strikes them, say, 'Indeed we belong to Allah, and indeed to Him we will return.' Those are the ones upon whom are blessings from their Lord and Mercy. And it is those who are the [rightly] guided." (Al-Quran, Surah 2:156)

“Indeed, we belong to Allah and to HIM is our return.” إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ

However, we can say the same words if we lose something:

If we cannot remember the words in Arabic, at the moment, we need just say: ‘Ya Allah, indeed, we belong to Allah and to YOU is our return’, and, seek HIS help (even if in our own language), we will surely get the lost article, unless Allah wills for our own good, that is should not be found.

- Umar ral. Narrated ‘Even if you lose your shoe lace, ask Allah for it.’<sup>17</sup> In short, if we are doing our deeds for Allah’s sake, *and pleasing to HIM* every moment of our life, then every work of ours is Zikr and Ibadah.
- Thus, the man working for his family, as well as the woman for the house, becomes Ibadah. We realize that we are under HIS watchful eyes. This will prevent us from doing things that HE does not like.

**THIS IS HOW WE KEEP OUR LIPS MOIST WITH THE ZIKR (REMEMBRANCE) OF ALLAH.**

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<sup>17</sup> (Sunan al-Tirmidhī 3973-93).

### e. BE CLEAN:

Remaining clean (Taharah) <sup>(74: 4-5)</sup> is one of the essential conditions of Faith, for Shai'tan loves the dirty and unclean people and gets attached to them easily. When one is not clean, he will not bother to pursue pure thoughts and deeds, and will hesitate to establish Salaat, which makes it easy for Satan to approach him.

'Indeed, Allah loves those who repent and HE loves those who are clean' <sup>(2: 222)</sup>

إِنَّ اللَّهَ يُحِبُّ التَّوَّابِينَ وَيُحِبُّ الْمُتَطَهِّرِينَ -

➤ Today, although with all the detergents and appliances we try to maintain hygiene in the toilets, it remains the most unclean place in the house. Hence, it is advisable not to spend too much time in the toilets.

➤ And our Prophet ﷺ has told us to recite:

□ When we enter the toilet;

'O Allah, I seek refuge with you from all evil and evil-doers.'

بِسْمِ اللَّهِ [اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ

□ And after ablutions, we recite:

'O Allah, make me of the repentant and the Pure (or clean).'

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

➤ The Wudhu (ablutions) 5 times a day and Ghusl (bath) are all recommended for this very reason.

➤ We find many people taking a bath only on Fridays. All the other days, they are dirty.

➤ During their monthly periods, many women fail to keep themselves clean. They think that they should be clean only when they are to say their salaat. But this is where they are wrong.

➤ Many men and women do not cleanse themselves, even after urinating or having sexual intercourse with their spouses. All this leads to diseases, and Shai'tan can easily affect such people.

➤ Washing the private parts and taking wudhu and Ghusl, in such times, is very essential to keep yourself clean.

## f. OBEY ALLAH and HIS PROPHET ﷺ

**When we ignore the command of Allah and our Prophet ﷺ, we are inviting the Shai'tan to enter our house and live with us, and share our food and bed, and entertainment in the idiot box! Then why should we complain when some mishap happens to us because of his Sharr?**

➤ If we have picture hangings on our walls, or gross Music banging away, the angels will not enter, and this opens the door for Satan!!

- Can we not at least refrain from the idiot box during the time of Sala'at and engross the time in Zikr?

- Can we not at least say, "In the name of Allah" بِسْمِ اللّٰهِ - before starting to eat.

➤ There are many Surahs in the Quran that help us keep Satan away from us. And it is a fact that the whole of the Quran is 'healing, blessing, and a mercy for the believers. — (Sura Isra': 17: 82).

Therefore, the regular recitation of the Quran daily itself can keep Satan away from our house.

➤ However, all this is not going to avail us in any way if we go against the command of Allah all the time.

- What is the use of all your Ibaadah if you cannot keep away from the evil of this world?

- What is the use of all your recitation if your food is Haraam, your clothes are Haraam, and your very sustenance is Haraam? <sup>18</sup>

➤ Therefore, to save yourself from Sihr, you must make sure that you keep your promise to ALLAH, which you make at least 17 times a day during Sala'at.

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<sup>18</sup> Source: Sunnah.com: 'Hadith 10, 40 Hadith an-Nawawi'

- The promise that you will pray to HIM Alone, and ask help from HIM Alone. – (*Surah Fatiha*). And, - The Promise that you make, while sitting at **Attahiyatu: (Tashahhud)** during Sala'at:

“ALL MY GOOD WORDS, ACTIONS, AND PURE HALAAL INCOME IS FOR ALLAH.”

التَّحِيَّاتُ لِلَّهِ وَالصَّلَاةُ وَالطَّيِّبَاتُ

- As mentioned above, if we take *only Allah as our protector and friend* (Wali) and disposer of all our affairs (Wakeel), then none can harm us. This should be our firm belief, and it is this that will relieve us from the constant fear of being affected by the Evil Eye or Black Magic.
- Our Prophet ﷺ has advised us to recite Mu'awwidhatayn, along with Sura Fatiha and Sura Ikhlas, when you go to sleep and when you wake up. (Ahmed: 4: 144).
- If at all anybody feels that he has been bewitched, he needs only repeat the Mu'awwidhatayn (Sura Falaq and Sura Naas) regularly,

Or have some close relative recite on him, if he is too sick or too young. (not for money). This way we can live without fear of any harm from the Sihr.

### 13. WHY SHOULD WE SEEK REFUGE WITH ALLAH?

I learnt this in my BAIS studies and would like to share with you all. Alhamdulillah.

- I seek refuge with Allah from Satan, the rejected.

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ-

- “When you recite the Quran, seek refuge with Allah, from the Satan the rejected” (Surah 16: 98)

فَإِذَا قَرَأْتَ الْقُرْآنَ فَاسْتَعِذْ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ –

- “AND VERILY, HE (SATAN) HAS NO POWER OVER THOSE WHO BELIEVE AND PUT THEIR TRUST IN THEIR LORD (ALLAH)” — (Surah 16: 99)

إِنَّهُ لَيْسَ لَهُ سُلْطَانٌ عَلَى الَّذِينَ آمَنُوا وَعَلَى رَبِّهِمْ يَتَوَكَّلُونَ –

This should be our firm belief: that NONE can overpower those who BELIEVE, and put their trust in their LORD, the **Supreme Creator** (Allah in Arabic)

*THE QUESTION ARISES: WHY DO WE SEEK REFUGE WITH ALLAH DIRECTLY?*

Once a student was asked: ‘Suppose you want to cross a field, and the farm dog begins to bark at you, what will be your way of getting away from the situation?’ The student replied: ‘I will take a stick and try to drive it away.’

The teacher asked: ‘What if it keeps coming back and threatens you?’

The student could not answer that. The teacher asked: ‘If you were to call the owner of the sheep and the dog, and seek his help, would it not be a better way? Can not the owner quickly subdue his dog with one whistle of his?’

In the same way, when you find Satan repeatedly attacking you, disturbing your sleep and waking hours, he keeps tempting you to keep sinning. Is it not far easier to call upon the Supreme Creator of Satan? We can be sure that HE will save us from any calamities, temptations, attacks of Sihr and Evil Eye, etc., etc.). *Remembering Allah during our waking hours constantly is the most powerful weapon to save ourselves from fear, worry, or grief* (Surah 2.38).

That is why alcohol, gambling, and any other acts that distract us from the remembrance of Allah are forbidden. Once the veil of these actions removes the remembrance of Allah from us, it becomes easy for Shai’tan to attack, affect our mental faculties, and ruin us both mentally and physically.

## II. Evil Eye:

Is it true that the Evil Eye can affect us?

We come across many who are otherwise hale and hearty, but the moment somebody appreciates his beauty or health, he falls ill, or suddenly he is seized with some inexplicable ailment. I.e., A man may utter some words of appreciation, but if his mind is jealous of you, due to their hatred of you, or even innocently, his evil eye may affect you.

‘The effect of the Evil Eye and its affliction by the command of Allah is real.’ - (Hadith, Sahih Ahmed: 2: 319)

“And verily those who disbelieve will almost make you slip with their eyes...”

... وَإِنْ يَكَادُ الَّذِينَ كَفَرُوا لَيُزْلِقُونَكَ بِأَبْصَارِهِمْ ... - (Al-Quran, Sura 68: 51)

### 1) WAYS TO PREVENT EVIL EYE:

➤ **Our Prophet ﷺ has said;** *If one sees in his brother, or himself, or his wealth that which pleases him, then he should ask Allah to bless it, (i.e., say **TABARAK ALLAH**) for verily the evil eye is bad.*’ - (Sahi Hadith, Ahmed: 3: 447)

➤ Our Prophet ﷺ advised the husband and wife to recite the Dua for protection from Satan, before having *an intimate relationship!* This is a sure way to keep Satan away from the newborn child!!!

- ‘In the name of Allah. Oh Allah, keep us away from Shaitan, keep Shaitan away from what You provide us.’

بِاسْمِ اللَّهِ، اللَّهُمَّ جَنِّبْنَا الشَّيْطَانَ، وَجَنِّبِ الشَّيْطَانَ مَا رَزَقْتَنَا،

*And, if the couple is destined to have a child (out of that very sexual relation), then Satan will never be able to harm that child.”—<sup>19</sup>*

<sup>19</sup> Sahi Bukhari abridged Chapter: 19, V.1854 / Sunnah.com: Sahi Bukhari: 6388

**(This shows that remembering Allah turns even such intimate acts into Ibaadah. And when the azan is called in the ear of the newborn child, it is saved from the evil effects of Satan.)**

➤ When you reach a place of rest, during a journey, recite:

*"I seek refuge in the perfect words of Allah from all the evil of what is created."*

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ كُلِّهَا مِنْ شَرِّ مَا خَلَقَ -

No harm will come to him from that place until he mounts to leave from there." This was related by Ibn Majah with a Sahih chain.' This ayah can also be used to protect ourselves if we are going to a strange land or place to stay.

➤ When we say Bismillah, we receive protection from Allah. HE lays a veil between Shaitan and us, so that we can be saved from his sharr.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*In the name of Allah, the most Beneficent and Merciful*

Therefore, before starting any deed, whether starting to eat or drink, when removing our clothes before taking a bath, or wearing new clothes, when starting to recite the Quran or do any other act, it is very beneficial to recite it. Satan cannot have any effect on us.

➤ **THE SURAH IKHLAS**

*"In the name of Allah, the Most Beneficent and Merciful"*

*"Say, HE is Allah, HE is self-sufficient Master,*

*HE begets not nor is HE begotten, and there is none equal or comparable to HIM."*

قُلْ هُوَ اللَّهُ أَحَدٌ - اللَّهُ الصَّمَدُ - لَمْ يَلِدْ وَلَمْ يُولَدْ - وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ -

➤ **MU'AWWIDHATAYN: --- SURAH AL-FALAQ / AN-NAAS:**

- *"Say; I seek refuge with Allah the LORD of the day-break, From the evil of the darkening night, as it comes with its darkness, And, from the evil of witchcrafts when they blow in the knots, and, from the evil of the envier when he envies."*

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ - مِنْ شَرِّ مَا خَلَقَ - وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ -

وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ - وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ -

- Say, I seek refuge in the LORD of mankind, the KING of mankind, the ILAH (GOD) of mankind, from the evil of the whisperer who withdraws, who whispers in the breast of mankind, of the Jinni and men,

قُلْ أَعُوذُ بِرَبِّ النَّاسِ - مَلِكِ النَّاسِ - إِلَهِ النَّاسِ - مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ -  
الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ - مِنَ الْجِنَّةِ وَالنَّاسِ -

- **Our Prophet (ﷺ) said that Ibrahim عليه وسلام** used to seek refuge with Allah with these same Ayahs:

□ *I seek refuge in the perfect words of Allah, from every devil and every poisonous reptile, and every evil eye.*

اعوذُ بِكَلِمَاتِ اللَّهِ التَّامَّةِ - مِنْ كُلِّ شَيْطَانٍ وَهَامَّةٍ - وَ مِنْ كُلِّ عَيْنٍ لَامَّةٍ -

- Jibrael عليه وسلام taught Mohammad ﷺ this MU'AWWIDHATAYN, to save him from Sihr, which he ﷺ used to recite regularly and blow on himself and his grandchildren Hassan and Hussein.

□ *I seek protection for you (both) by the perfect words of Allah from every Shaitan, and dangerous creature, and every evil eye.'*

- أُعِيذُكَ (كَمَا) بِكَلِمَاتِ اللَّهِ التَّامَّةِ - مِنْ كُلِّ شَيْطَانٍ وَهَامَّةٍ - وَ مِنْ كُلِّ عَيْنٍ لَامَّةٍ -

- *To prevent our children from the evil of Shai'tan and the evil eye, we may recite the above every morning and evening.*

➤ In all these verses that Allah taught through HIS Prophet ﷺ, we see HIS command: Ask Allah Alone for help, and remember HIM constantly, through Salaat and Zikr. This proves that, as long as we are under the protection of Allah Subhanat'alah, *we need not fear Sihr from others.* This way we can also be saved from committing sins, which will incur HIS displeasure.

- It is wrong to think that the Jinn can create problems for man, even if he is a devoted Muslim, who is struggling to obey all the laws of Allah.

➤ This is *how Shai'tan* causes fear to enter our hearts, and induces us to seek soothsayers and magicians, thinking that only they can help us.

- **THIS IS KUFR. i.e., We are committing shirk.** We are attributing the power that belongs to Allah to the Shaitan, who himself is only a creation of Allah, and cannot cause any harm unless Allah allows it.

- If we do fear Sihr, despite reciting these Ayah, then we are attributing the Power of Allah to the witches, or those who do Black Magic.

**NONE HAS THIS POWER EXCEPT BY THE WILL OF ALLAH.**

**THIS SHOULD BE OUR FIRM STAND.**

## 2) TO PREVENT FEAR OR SIHR AND EVIL EYE FROM ENTERING OUR HEARTS:

- Pay heed to the Words of Allah: *‘And invoke not besides Allah any such that will neither profit you nor harm you.’* ---10: 106

If a person believes in this pure teaching, that harm and benefit are in the hands of Allah Alone, and this belief becomes deeply rooted in his heart, then he will be freed of the **FEAR** of Jinn, or humans or of any other creatures.

- Pray to Allah with humility, and plead with him to save you. HE Alone can save you.
- Quran says in various verses to fear Allah Alone: Sura 2: 40 / 9: 13/ 16: 51, etc.
- “Therefore, when you have finished (your immediate task), then stand up for Allah’s worship. And to your Lord (Alone) turn (all your intentions and hopes), and your invocations: Do Zikr for Allah’s sake Alone. (Al-Quran, Surah 94: 7-8)
- Firmly Believe that: ‘Nothing can happen without HIS Power.’

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

- Start any work of yours with the words  
'I start in the name of Allah and put my trust in HIM.'

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ

- Do not seek the help of the ‘Auliya’ in the graves, or soothsayers, or those who do Rukya for money, to cure your problems.

*"It is only Shai'tan who suggests that you fear his Supporters. So, fear them not, but fear ME, if you are true believers."* — Al-Quran, Surah 3: 175

Thus, we can safely conclude that;

- ✓ If you keep a good relationship with Allah, no one can harm you.

- ✓ Pray on time
- ✓ Recite Aayatul Kursi and 4 Khul, and the Quran **regularly**.
- ✓ Say Bismillah before doing anything, and Satan cannot share your possessions.
- ✓ Keep yourself clean in body, thoughts, and deeds.
- ✓ Do your homework. Introspect regularly if you are doing the right thing, *and struggling to seek HIS pleasure in all your deeds*. That is why Allah has ordained the 5 times Salaah upon us.
- ✓ Keep your heart free from hatred or rancour towards your relatives, friends, or family.
- ✓ Forgive those who have hurt you, if you want Allah to forgive you. - (Al-Quran, Surah 24: 22)
- ✓ When you fear any danger or temptation, seek refuge with Allah from the accursed Satan.

➤ We know that both Slandering and cutting off relationships are great sins. -13: 20-23// 104: 1-2

Shai'tan would love to cause a rift between relations, or between husband and wife, especially when they are in good terms and happy and loving to each other. *We have seen numerous households ruined because of this suspicion, especially when they are at the height of prosperity.*

- In case you are under any suspicion over any illegal activities of your spouse, pray fervently for Allah's Help, and speak kindly and openly to free yourself from such doubts.
- If at all you find some slip of character from your spouse, if he/ she repents and asks forgiveness, forgive him/her, and continue with your life, continuously beseeching the help of Allah.
- *Instead of fighting each other, unite with them to fight the Shaitan together.*
- Never blame any relative for doing Sihr. It will ruin your relationship.

**JUST TURN TO ALLAH FOR HELP.**

### 3) DUAS TO SEEK REFUGE FROM SATAN'S SHARR AND EVIL EYE:

*Our prophet recommended the following duas from the Quran.*

□ "Our LORD punish us not if we forget or fall into error, Our LORD! Lay not on us a burden like that which You lay on those before us.

رَبَّنَا لَا تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا ۗ رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إِكْرَامًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَبْلِنَا ۗ

□ Our LORD! Put not on us a burden greater than we have strength to bear. Pardon us, grant us Forgiveness, and have Mercy on us. **YOU are our MAULAA** (Patron, Supporter and Protector, etc.). So, help us gain victory over the disbelieving folk" – (Al-Quran, Surah 2: 286)

رَبَّنَا وَلَا تَحْمِلْنَا مَا لَا طَاقَةَ لَنَا بِهِ ۗ - وَاعْفُ عَنَّا وَاعْفِرْ لَنَا وَارْحَمْنَا

- أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ -

□ "Our Lord, grant us from Yourself Mercy, and prepare for us from our affair right guidance." (Al-Quran, Surah 18: 10)

رَبَّنَا آتِنَا مِنْ لَدُنْكَ رَحْمَةً وَهَيِّئْ لَنَا مِنْ أَمْرِنَا رَشَدًا

□ Glory to him, all praises to him, and there is no god other than Allah and Allah is the Greatest. and nothing moves nor has power OTHER than with HIM and HE is the MOST HIGH and ALL KNOWING.

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ - وَلَا إِلَهَ إِلَّا اللَّهُ -- وَاللَّهُ أَكْبَرُ —

وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

□ O Allah, I seek refuge with you from the cursed Satan, from his Hamza-(asphyxiation or death), Nafkh (arrogance) and Nafth-(poetry)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الشَّيْطَانِ الرَّجِيمِ، وَ هَمِّهِ وَ نَفْخِهِ وَ نَفْثِهِ ؛

**ALL THESE DUAS ARE FOR OUR PROTECTION FROM THE EVIL SHARR OF SHAYTAN.**

**IF WE ARE CONSTANT IN OUR SUPPLICATIONS AND SALAAT, WE CAN BE SURE, AND FIRM, THAT SHATAN CAN NOT HARM US IN ANY WAY.**

#### 4) THE RESULTS OF FEAR OF SIHR:

The moment one finds oneself in a bad situation, the suspicion goes to the one whom we have a grudge against, or who we do not like!!

The very first thought of ours will be: 'Oooh! My mother-in-law / D-In-Law / S-In-Law / Co-Sister, etc, have done Sihr to me. I should not have any connections with them. I will cut off all relations with them, lest they harm me further!'

*We find numerous households ruined because of this suspicion.*

➤ The most loving to Shai'tan is separating the relationships, especially between the husband and wife. - (Al-Quran, surah 2: 102/ Sahi Hadith Muslim 4: 2167)

This is more so when they have a healthy relationship. So, when the husband and wife are in the heights of love and prosperity, it sows the seed of suspicion between them, which ruins their happiness. This results in constant quarrels, which destroy their relationship to the extent of divorce. **Now Satan is happy.**

#### **VERY HAPPY**

➤ There are brokers in the form of neighbours (Shayateen), who encourage them to approach the witches, who confirm their accusations to be true!! But most often than not, it will be blatant lies. They do it with the inducement of Satan, and to make a living with these kinds of innovations. The broker too will get a commission for her/his work.

Ah! What a lucrative business!

Most often, the person who is accused may be innocent, and the slander will have a bad effect on the relationship. (Remember, Slandering is like eating your brother's flesh!)

So, Beware!

Instead of blaming every Tom, Dick, or Harry, for having ruined you and cursing them, turn your attention to Allah, with more dedication and concentration. Remember, a true believer will never lose his Hereafter by doing Sihr on you. And, even if anybody has done anything, it is not going to affect you, if you have this firm Belief that:

***ALLAH ALONE CAN HELP YOU.***

### III. CURE:

The following is what I was personally advised by Sheikh Umar Khan (Khateeb of IFB International School), whom I had approached to clear my doubts.

In my studies, Dr. Bilal Philip also explained. Please note that this is really an eye-opening experience for those who unnecessarily and wrongly approach the graves of saints, and seek help from the self-declared 'Maulanas', who will do anything for money.

(Remember that Allah is our ONLY MOULANA (our Protector, Helper, Wakeel, and Saviour)

Many asked me, 'All this is OK. You have mentioned ways of prevention.

But what if one is affected by Sihr? How can they be cured?'

Many *who have deranged mental ailments* are taken to the Mazar or Dargah (graves) of Saints (*Auliya*), and are tied to the post there, in fear that they may run away. They are beaten and tortured, claiming that it is how our Prophet ﷺ drove away the Shaytan. They fail to realise that we do not have the power of our Prophet ﷺ. Nor has he told us to beat the affected person or torture him.

- Only the truly knowledgeable people can adapt to these ways, which will not affect the patient, but drive away the Shayateen in them. Here, when they recover, they will not feel any pain incurred by the scholar.
- On the other hand, most probably it may be just a mental ailment. Hence, if at all, you feel that you, or your near and dear ones, are afflicted by some Sihr, or evil eye, then the only way of cure is to increase your Ibaadah.
- If they get mentally deranged, never go to the Soothsayers or Maulvis who are guilty of exhortation of Satan, for Money.
- Instead, go to a psychologist and, along with treatment, recite over the affected person the Duas for '*Ruqyah*', many times over.
  - Recite the Sura Fatiha and the four Qul, and blow it on the one whom you feel may have been affected by Sihr. —Sahi Bukhari: Vol.7; H. No. 5736/5744,
  - *If conscious, induce him/her to say the Sala'at, or recite the Aayatul-Kursi and the Three Khul.*
  - Say more Sala'at *and Zikr*, recite more Quran,
  - Pray more fervently to rid your near and dear of the grip of Shai'tan and,

- **Turn towards only Allah and none else.'**
- Recite Sura Baqarah often. It will drive away the Shai'tan.
- Even if you do not know how to recite the Quran, pray with tears in your eyes and Taqwah in your heart, for the refuge of Allahut'alah.
- Try your best to learn the Quran.
- Keep the person clean and tidy, and

Instead, if you seek others' help, there is every chance that some of the 'peers' and 'Maulvis' may mislead you, towards invoking the very Shai'tan, whom you are trying to avoid, thus leading to Kufr.

➤ They may recite some verses of the Quran, blow on some talisman (Taabees), and tell you to keep it under the pillow.

➤ They may tell you to recite some words which we think to be Quranic verses, privately in a dark room, for a certain number of times. They will do anything for money. None of this has any authenticity in the Quran or Sunnah.

***This is all Bid'ah and Shirk, because you will tend to think that the Talisman (Tagoot) is going to save you, against Allah's decision--- thus leading to shirk.***

➤ 'Of course, I do not deny that there are cases where the Sihr is so strong that the person is possessed to the point of being violent, or becomes sick to the point of dying. In such cases, as mentioned above, a knowledgeable person may be capable of reciting the ayahs to remove the Jinn. But;

'If at all, you approach such a scholar--(spiritual doctor), who is known to remove this kind of predicament by reciting certain Verses of the Quran, and also beat the Jinn out of the patient, you must realise that:

A true Maulvi (scholar) will **never** advise you to do Sihr; to remove Sihr!!

He will not ask your mother's name.

He will not tell you to sacrifice animals,

He will not tell you to bring things like bones, ashes, etc.

The patient will not be hurt physically in the process.

Last but not least, he will not ask for money for his consultation or recitation. Instead, he will teach you to recite verses from the Quran, and tell you to do more Ibaadah, which is the only way to save yourself.'

Thus, here again we find that only Taqwah and Tawakkul (Tawheed) and **regular Salaah and Zikr** can save us from all the evils of Shai'tan. The whole of the Quran is Healing and Mercy: --- (Surah Al-Israh, 17: 82)

*Truly, what most cases need is timely medical treatment, which prevents or cures many illnesses with the help of Allah.*

### SYMPTOMS OF SIHR:

'The following are all among the signs of jinn possession:

Epileptic attacks,

Repulsion when hearing the Quran,

Losing consciousness, frequent nightmares,

Sudden love, or obedience to someone, etc.

However, most probably it may be mental problems.

Therefore, as already mentioned, treatment along with exorcism is the best way to treat Jinn possession. Anybody who has strong Taqwah and Tawheed, and says their regular Salaat sincerely, can do it.

If your loved one is in trouble and shows signs of Jinn possession, do not hesitate to recite it on him/her. The Ruqyah can be blown in water in which lotus leaves are crushed, and the patient can be made to do Wudhu or Ghusl with it.' -- (Not preserved in bottles.)

There are numerous Hadiths mentioning a cure for ailments.

But beware of false inauthentic 'Hadith' that can mislead you.

*For Allah says: "And if Allah should touch you with adversity, there is none can remove it but HE. And if He touches you with good, then He is over all things competent." -- (Al-Quran, Surah 6: 17)*

**THIS SHOULD BE OUR CRITERION WHEN WE LEARN THE HADITH.**

**IF IT GOES AGAINST THIS, THEN THE HADITH IS FALSE.**

*'Any who hangs or wears an amulet, is guilty of shirk': this is because they think that it is that amulet that saves them from the evil eye or helps in diversity, thus sharing the power of Allah. (Narrated by Ahmed 16969 / 16951)*

#### IV. RUQYAH:

##### a) DIFFERENCE BETWEEN NUSHRAH VS RUQYAH:

*When amulets or charms are used for the process of removing the effects of the Evil Eye or Sihr (Black Magic), it is called **NUSHRAH**.*

*Reciting verses of the Quran directly upon the person is called **RUQYAH**.*

Our Prophet has advised us not to approach those who pretend to recite verses of the Quran, on amulets or charms, in return for any monetary or other benefit. Do not approach the witches or magicians or even Maulvis who pretend to recite the words of the Quran, and make talismans (taabees), or make the patient stay in a dark room and recite inaudible words, in their pretence of curing them. This is all nothing but a farce, or they may be invoking the Jinni to bring a cure!

**This is surely KUFRAH.**

The Sahaaba used various Supplications from the Quranic verses as Ruqyah to bring about a cure for not only Sihr. They also used it for curing other ailments. For example, a man was bitten by a scorpion. His people requested their help. At this, they recited the Surah Fatiha. The man was cured.

On various occasions, those possessed by Jinn were also cured by the recitation of the Quranic verses. and our Prophet approved of this.

Allah informs that this Quran is a cure for you, not just for spiritual upliftment for the believers, but also as a cure for both physical and mental ailments. <sup>17: 82</sup>

However, it is wrong to be randomly used by those writing amulets, converting them into numbers, etc. The reason for this is that our Faith is deviated from Zikr of Allah, towards those who make the amulets and charms. We tend to believe that it is the amulets that cure us. <sup>20</sup>

*It is like a person, instead of following its advice and taking the medicine, eating the prescription itself. Therefore, sincerely seeking the help of Allah, while reciting*

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<sup>20</sup> <https://islamqa.info/en/answers/10543/ruling-on-wearing-amulets-for-protection>

*the verses of the Quran and trying to understand what it says, is the best way to save ourselves from all evil.*

**b) VERSES OF THE QURAN, USED TO CURE SIHR AND OTHER AILMENTS:**

There are many such Duas mentioned in the numerous books of authentic Duas of our Prophet ﷺ, for reciting, and blowing on ourselves and our dear ones for protection. Here, we should be careful and understand the meaning of what we are reciting. This is so that we may not be (unknowingly) invoking any other than Allah to protect us.

**Ruqyah** (Invocation against Sihr) can be recited on other persons also, either to cure or as a prevention. If the patient is not in a position, or too young to recite it, it can be recited in water and made to drink (not preserved as ‘holy water’).

Although anyone can recite it, it will have an effect only if the person who recites it is a true Muslim; One who is regular in Salaat, gives Zakat from what Allah has given him, and believes in the Hereafter, where he will have to account for his deeds. And, believes that all Messengers before our Prophet ﷺ brought the same Message of Tawheed, and that he ﷺ was the last and Final Messenger of Allahut’alah. **All the following verses are recommended for reciting on those who are affected by Sihr.** <sup>21</sup>

**Surah Fatiha:** بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ - الرَّحْمَنِ الرَّحِيمِ - مَالِكِ يَوْمِ الدِّينِ - إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ -  
- اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ - صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ - غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ -

1. In the name of Allah, the All-Beneficial, Especially Merciful.
2. [All] praise is [due] to Allah, Lord of the worlds –
3. The Entirely Merciful, the Especially Merciful,
4. Sovereign of the Day of Recompense.
5. It is You (Alone) we worship, and You (Alone) we ask for help.
6. Guide us to the straight path
7. The path of those upon whom You have bestowed Favor, not of those who have evoked [Your] anger or of those who are astray. – **Surah Fatiha**

<sup>21</sup> Source: ‘Jinn and Sihr’ by Bilal Philip.

#### THE 4 KHUL: SURA KAFIREEN & SUAH IKHLAS

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ -  
 قُلْ يَا اَیُّهَا الْکٰفِرُوْنَ - لَا اَعْبُدُ مَا تَعْبُدُوْنَ - وَلَا اَنْتُمْ عٰبِدُوْنَ مَا اَعْبُدُ -  
 وَلَا اَنَا عٰبِدُ مَا عَبَدْتُمْ - وَلَا اَنْتُمْ عٰبِدُوْنَ مَا اَعْبُدُ - لَكُمْ دِیْنُكُمْ وَلِیَّ دِیْنِیْ -

Say, "O disbelievers, I do not worship what you worship. Nor are you worshippers of what I worship. Nor will I be a worshipper of what you worship. Nor will you be worshippers of what I worship. For you is your religion, and for me is my religion." Sura 109

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ  
 قُلْ هُوَ اللّٰهُ اَحَدٌ - اللّٰهُ الصَّمَدُ - لَمْ یَلِدْ وَلَمْ یُولَدْ - وَلَمْ یَكُنْ لَهٗ کُفُوًا اَحَدٌ -

Say, 'He is Allah, the One Allah is the All-embracing. He neither begat, nor was begotten, nor has He any equal.'-Surah 112

#### MU'AWWIDHATAYN--- Sura 113 & 114

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ -  
 قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ -  
 مِنْ شَرِّ مَا خَلَقَ - وَمِنْ شَرِّ غَاسِقٍ اِذَا وَقَبَ -  
 وَمِنْ شَرِّ النَّفَّٰثَاتِ فِي الْعُقَدِ - وَمِنْ شَرِّ حَاسِدٍ اِذَا حَسَدَ -

Say, 'I seek the protection of the Lord of the daybreak from the evil of what He has created, and from the evil of the dark night when it settles, and from the evil of the witches who blow on knots, and from the evil of the envious one when he envies.'

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ -

قُلْ أَعُوذُ بِرَبِّ النَّاسِ - مَلِكِ النَّاسِ - إِلَهِ النَّاسِ

مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ - الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ - مِنَ الْجِنَّةِ وَالنَّاسِ -

Say, 'I seek the protection of the Lord of humans, Sovereign of humans, God of humans, from the evil of the sneaky tempter who puts temptations into the breasts of humans from among the jinn and humans.'

#### AYAT AL-KURSI:

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ، لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ، لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ، مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ، يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ، وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا بِمَا شَاءَ، وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ - وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ -

Allah! La ilaaha illaa Huwa (none has the right to be worshipped but He), the Ever Living, the One Who sustains and protects all that exists. Neither slumber nor sleep overtake Him. To Him belongs whatever is in the heavens and whatever is on earth. Who is he that can intercede with Him except with His Permission? He knows what happens to them (His creatures) in this world, and what will happen to them in the Hereafter. And they will never comprehend anything of His Knowledge except that which He wills. His Kursi extends over the heavens and the earth, and He feels no fatigue in guarding and preserving them. And He is the Highest, the Most Great.

[This Verse is called AYAT-UL-KURSI]- 2: 255

وَدَّ كَثِيرٌ مِّنْ أَهْلِ الْكِتَابِ - لَوْ يَرُدُّونَكُمْ مِّنْ بَعْدِ إِيمَانِكُمْ كُفَّارًا - حَسَدًا مِّنْ عِنْدِ أَنفُسِهِمْ مِّنْ  
بَعْدِ مَا تَبَيَّنَ لَهُمُ الْحَقُّ ۖ فَاعْفُوا وَاصْفَحُوا حَتَّىٰ يَأْتِيَ اللَّهُ بِأَمْرِهِ ۗ إِنَّ اللَّهَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ

"Many of the people of the Scripture (Jews and Christians) wish that if they could turn you away as disbelievers after you have believed, out of envy from their own selves, even, after the truth (that Muhammad ﷺ is Allah's Messenger) has become manifest unto them. But forgive and overlook, till Allah brings His Command. Verily, Allah is Able to do all things --2: 109

مَثَلُ مَا يُنْفِقُونَ فِي هَذِهِ الْحَيَاةِ الدُّنْيَا - كَمَثَلِ رِيحٍ فِيهَا صِرٌّ أَصَابَتْ حَرْثَ قَوْمٍ ظَلَمُوا  
- أَنفُسَهُمْ فَأَهْلَكَتْهُ ۗ وَمَا ظَلَمَهُمُ اللَّهُ - وَلَكِنْ أَنفُسَهُمْ يَظْلِمُونَ

"The likeness of what they spend in this world is the likeness of a wind which is extremely cold; it struck the harvest of a people who did wrong against themselves and destroyed it, (i.e. the good deed of a person is only accepted if he is a monotheist and believes in all the Prophets of Allah, including Christ and Muhammad). Allah wronged them not, but they wronged themselves." - 3: 117

يَا أَيُّهَا الَّذِينَ آمَنُوا - لَا تَتَّخِذُوا بِيْطَانَةً مِّنْ دُونِكُمْ - لَا يَأْلُونَكُمْ خَبَالًا - وَدُّوا مَا عَنِتُّمْ قَدْ بَدَتِ  
الْبَغْضَاءُ مِنْ أَفْوَاهِهِمْ - وَمَا تُخْفِي صُدُورُهُمْ أَكْبَرُ ۗ - قَدْ بَيَّنَّا لَكُمُ الْآيَاتِ ۖ إِن كُنْتُمْ تَعْقِلُونَ -

"O you who believe! Take not as your Bitanah (advisors, consultants, protectors, helpers, friends, etc.) those outside your religion (pagans, Jews, Christians, and hypocrites) since they will not fail to do their best to corrupt you. They desire to harm you severely. Hatred has already appeared from their mouths, but what their breasts conceal is far worse. Indeed, WE have made plain to you the Ayat (proofs, evidences, verses) if you understand - 3: 118

هَآ أَنْتُمْ أَوْلَآءُ تُحِبُّونَهُمْ وَلَا يُحِبُّونَكُمْ وَتُؤْمِنُونَ بِالْكِتَابِ كُلِّهِ وَإِذَا لَقُوكُمْ قَالُوا آمَنَّا وَإِذَا خَلَوْا عَضُّوا عَلَيْكُمُ الْأَنَامِلَ مِنَ الْغَيْظِ قُلْ مُوتُوا بِغَيْظِكُمْ إِنَّ اللَّهَ عَلِيمٌ بِذَاتِ الصُّدُورِ -

"Lo! You are the ones who love them, but they love you not, and you believe in all the Scriptures [i.e., you believe in the Tourat (Torah) and the Injeel (Gospel), while they disbelieve in your Book, the Qur'an]. And when they meet you, they say, "We believe". But when they are alone, they bite the tips of their fingers at you in rage. Say: "Perish in your rage. Certainly, Allah knows what is in the breasts (all the secrets)." – 3: 119

وَقَالَ فِرْعَوْنُ ائْتُونِي بِكُلِّ سَاحِرٍ عَلِيمٍ - فَلَمَّا جَاءَ السَّحَرَةُ قَالَ لَهُمْ مُوسَى أَلْقُوا مَا أَنْتُمْ مُلْقُونَ - فَلَمَّا أَلْقَوْا قَالَ مُوسَى مَا جِئْتُمْ بِهِ السِّحْرُ إِنَّ اللَّهَ سَيُبْطِلُهُ إِنَّ اللَّهَ لَا يُصْلِحُ عَمَلَ الْمُفْسِدِينَ - Surah Yunus, 10: 79-81

**79.** And Fir'aun (Pharaoh) said: "Bring to me every well-versed sorcerer."

**80.** And when the sorcerers came, Musa (Moses) said to them: "Cast down what you want to cast!"

**81.** Then when they had cast down, Musa (Moses) said: "What you have brought is sorcery, Allah will surely make it of no effect. Verily, Allah does not set right the work of Al-Mufsideen (the evil-doers, corrupts, etc.)."

قَالُوا يَا مُوسَى - إِمَّا أَنْ تُلْقِيَ وَإِمَّا أَنْ نَكُونَ أَوَّلَ مَنْ أَلْقَى - قَالَ بَلْ أَلْقُوا فَإِذَا حِبَالُهُمْ وَعِصِيُّهُمْ يُخَيَّلُ إِلَيْهِ مِنْ سِحْرِهِمْ أَنَّهَا تَسْعَى - فَأَوْجَسَ فِي نَفْسِهِ خِيفَةً مُوسَى - فَلَمَّا لَا تَخَفُ إِنَّكَ أَنْتَ الْأَعْلَى - وَأَلْقِ مَا فِي يَمِينِكَ تَلْفَفُ مَا صَنَعُوا وَإِنَّمَا صَنَعُوا كَيْدُ سَاحِرٍ ۗ وَلَا يُفْلِحُ السَّاحِرُ حَيْثُ أَتَى - (Surah Taha, 20: 65-69) -- أْتَى -

65. They said: "O Musa (Moses)! Either you throw first or we be the first to throw?"

66. [Musa (Moses)] said: "Nay, throw you (first)!" Then behold, their ropes and their sticks, by their magic, appeared to him as though they moved fast.

67. So, Musa (Moses) conceived a fear in himself.

68. WE (Allah) said: "Fear not! Surely, you will have the upper hand.

69. "And throw that which is in your right hand! It will swallow up that which they have made. That which they have made is only a magician's trick, and the magician will never be successful, no matter whatever amount (of skill) he may attain."

قَالَ إِنْ كُنْتَ جِئْتَ بِآيَةٍ فَآتِ بِهَا إِنْ كُنْتَ مِنَ الصَّادِقِينَ - فَأَلْقَى عَصَاهُ فَإِذَا هِيَ ثُعْبَانٌ مُبِينٌ - وَنَزَعَ يَدَهُ فَإِذَا هِيَ بَيْضَاءُ لِلنَّاطِرِينَ - قَالَ الْمَلَأُ مِنْ قَوْمِ فِرْعَوْنَ إِنَّ هَذَا لَسَاحِرٌ عَلِيمٌ - يُرِيدُ أَنْ يُخْرِجَكُمْ مِنْ أَرْضِكُمْ ۖ فَمَاذَا تَأْمُرُونَ - قَالُوا أَرْجِهْ وَأَخَاهُ وَأَرْسِلْ فِي الْمَدَائِنِ حَاشِرِينَ - يَا تُوَكُّ بِكُلِّ سَاحِرٍ عَلِيمٍ - وَجَاءَ السَّحَرَةُ فِرْعَوْنَ قَالُوا إِنَّ لَنَا لَأَجْرًا إِنْ كُنَّا نَحْنُ الْعَالِينَ - قَالَ نَعَمْ وَإِنَّكُمْ لَمِنَ الْمُقَرَّبِينَ - قَالُوا يَا مُوسَى إِمَّا أَنْ تُلْقِيَ وَإِمَّا أَنْ نَكُونَ نَحْنُ الْمُلْقِينَ - قَالَ أَلْقُوا فَلَمَّا أَلْقَوْا سَحَرُوا أَعْيُنَ النَّاسِ وَاسْتَرْهَبُوهُمْ وَجَاءُوا بِسِحْرٍ عَظِيمٍ - وَأَوْحَيْنَا إِلَى مُوسَى أَنْ أَلِقِ عَصَاكَ ۗ فَإِذَا هِيَ تَلْفَفُ مَا يَأْفِكُو - فَوَقَعَ الْحَقُّ وَبَطَلَ مَا كَانُوا يَعْمَلُونَ - فَعَلَبُوا هُنَالِكَ وَانْقَلَبُوا صَاغِرِينَ - وَأَلْقَى السَّحَرَةُ

(Surah al-Araf, 7: 106- 122) - سَاجِدِينَ - قَالُوا آمَنَّا بِرَبِّ الْعَالَمِينَ - رَبِّ مُوسَى وَهَارُونَ

- 106.** [Fir'aun (Pharaoh)] said: "If you have come with a sign, show it forth, - if you are one of those who tell the truth."
- 107.** Then [Musa (Moses)] threw his stick, and behold! It was a serpent, manifest!
- 108.** And he drew out his hand, and behold! It was white (with radiance) for the beholders.
- 109.** The chiefs of the people of Fir'aun (Pharaoh) said: "This is indeed a well-versed sorcerer;
- 110.** "He wants to get you out of your land, so what do you advise?"
- 111.** They said: "Put him and his brother off (for a time), and send callers (men) to the cities to collect
- 112.** "That they bring up to you all well-versed sorcerers."
- 113.** And so, the sorcerers came to Fir'aun (Pharaoh). They said: "Indeed, there will be a (good) reward for us if we are the victors."
- 114.** He said: "Yes, and you will (in that case) be of the nearest (to me).
- 115.** They said: "O Musa (Moses)! Either you throw (first), or shall we have the (first) throw?"
- 116.** He [Musa (Moses)] said: "Throw you (first)." So when they threw, they bewitched the eyes of the people, and struck terror into them, and they displayed a great magic.
- 117.** And We inspired Musa (Moses) (saying): "Throw your stick," and behold! It swallowed up straight away all the falsehoods that they showed.
- 118.** Thus, truth was confirmed, and all that they did was made of no effect.
- 119.** So they were defeated there and then, and were returned disgraced.
- 120.** And the sorcerers fell down prostrate.
- 121.** They said: "We believe in the Lord of the 'Alamin (mankind, Jinni (plural for Jinn), and all that exists).
- 122.** "The Lord of Musa (Moses) and Harun (Aaron).

**Poem 2**

***Without fear or weakness, Moosa presented his case,  
Looking at the great Pharaoh, in his face.  
With strong Faith and Constancy,  
He explained to Pharaoh with leniency,  
that Sihr can never attain success,  
as long as we supplicate to reach access  
to Allah's protection and Grace,  
by keeping our lips moist with HIS Praise.  
When the magicians turned their sticks into snakes  
Allah assured him that it was all fake.  
If Moses had not heeded Allah's call,  
He would surely have had a great fall.  
With true Tawakkul in Allah's Power,  
We can be sure that we can succeed forever.  
With HIS help, and strong FAITH, we can proceed.  
That, No Black Magic or evil, can succeed.  
Then, Shaitan will, in no way, be able to gain,  
However much he tries to make man insane.  
Hence, total surrender to Allah Alone is the only way.  
To save oneself from the fear of what the magicians say.  
As Prevention is always better than a Cure,  
Turn your hearts towards Allah and make it Pure.***

## V. WAS OUR PROPHET ﷺ AFFECTED BY SIHR, AS MOST ASSERT?

Q- Many ask, 'You tell us to be righteous, and recite the Quran. But when the Prophet ﷺ himself was affected by Sihr, will we too not be afflicted by it, however much we be pious?'

Ans: It is disheartening that the common man has begun to take this as an example, to suspect Sihr every time he gets ill. They say: 'When our Prophet himself was affected by Sihr, is it not possible that we, who are sinners, can be affected too, however much we stick to Tawheed?'

**THEIR VERY BASE OF IMAN IS SHAKEN.**

Alas, the believers have fallen into the trap of these cursed ones, who mislead them, and go to the extent of losing their Iman, by running after witchcraft and Soothsayers, which our Prophet ﷺ has forbidden.

They ignore the warning of Allah, which *declares*:

هَلْ أُنْتَبِهُكُمْ عَلَىٰ مَن تَنَزَّلُ الشَّيَاطِينُ - تَنَزَّلُ عَلَىٰ كُلِّ أَفَّاكٍ أَثِيمٍ - يُلْقُونَ السَّمْعَ وَأَكْثُرُهُمْ كَاذِبُونَ - وَالشُّعْرَاءُ  
يَتَّبِعُهُمُ الْغَاوُونَ - - وَأَنَّهُمْ يَقُولُونَ مَا لَا يَفْعَلُونَ - إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ وَذَكَرُوا اللَّهَ كَثِيرًا  
وَانْتَصَرُوا مِنْ بَعْدِ مَا ظَلَمُوا ۗ وَسَيَعْلَمُ الَّذِينَ ظَلَمُوا أَيَّ مُنْقَلَبٍ يَنْقَلِبُونَ -

**Meaning:** "Shall I inform you (O people) upon whom the Shayateen descend?"

- They descend on every lying, sinful person.
- And listen (to the lies the Jinn utter (foretellers), and
- Pass on what is heard without verifying. And most are liars,
- And the Poets – who recite every subject, praising others and telling all the lies of this world in their poetry- and those who follow them,
- And those who say what they do not practice.

(On all these will Satan descend),

- ✓ Except those who believe (total surrender) and work righteousness,
- ✓ Engaged much in the remembrance of Allah-----" \_Surah 26: 221-227

These verses prove that one who surrenders fully to Allah Alone, and does righteous deeds pleasing to HIM, need not fear the attack of Sihr or Sharr (evil) of the Satan.

- When that is the case, who do you think was more steadfast in Faith and more engrossed in 'Zikr, than our dear Prophet ﷺ?

- Then how can anybody say that he was affected by Sihr?

- When Allah has declared in the Quran (15: 42), that however much Shai'tan tries, he will not be able to do any harm to HIS slaves: those who are constant in Allah's remembrance, how can anybody, especially the Prophet ﷺ be affected; the one who was constantly in remembrance of Allah?

- When the disbelievers began to call our Prophet ﷺ a madman, because of the revelations of the Quran he received, through Jibrael عليه وسلام, Allah declared:

"You are not, by the Grace of Allah, a madman. And verily, for you will be an endless Reward. And verily, you are on an exalted standard of Character. So, obey not the deniers of the ONENESS of Allah, and HIS Messenger" – (68: 2-4, 8]

- *IF HE ﷺ HAD SHOWN SIGNS OF MADNESS OR INCOHERENCE IN SPEECH, WOULD THEY HAVE LEFT HIM ALONE?*

This itself proves that our dear Prophet ﷺ was not affected by Madness. The Sihr done by his enemies showed signs on him, only for a short time, and this too was ordained by Allah to teach us how to deal with such situations.

- Hence, instead of going astray and running after soothsayers and magicians, let us stick to the path of our dear Prophet ﷺ, and follow it in every walk of our life.

**ONE MUST REALIZE THAT OUR PROPHET ﷺ WAS A LIVING EXAMPLE FOR HIS UMMAH.**

- Whatever he ﷺ did, or whatever happened to him, was to teach his Ummah (us), ways to live this life pleasing to Allah, and seeking HIS Help to avoid evil, so that *we may have peace in this life and attain the reward of the Hereafter.*

- Doing Sihr on somebody one dislikes was a common practice among the Jews in those days, as it is today.

- Indeed, there is a Hadith narrated by Ayesha رضي الله عنها who informed that, at the behest of the Jews, the Hypocrite *Labeed bin A'sam'* from the tribe of Banu Zurayq, did try to do Sihr, on the Prophet Mohamed ﷺ with a comb and hair, and buried it under a rock in a well, called Dharwaan. (Sahi Bukhari 6391/ 5765)

- When he ﷺ began to feel its effects, he was informed about it by Jibrael عليه وسلام, who taught him the *Mu'awwidhatayn (the last 2 surahs of the Quran)*

- It lasted a day or a night, till he was shown in a dream the details of what caused his discomfort. Immediately, the Prophet found the source of Sihr and got it removed, and the well was covered.

When our Prophet ﷺ was unwell, Jibrael عليه وسلام approached him and recited:

*'In the name of Allah, I pray over you for healing (Ruqyah) for everything that bothers you, from every envious person and evil eye, may Allah cure you.'*

بِسْمِ اللَّهِ أَرْقِيكَ - مِنْ كُلِّ شَيْءٍ يُؤْذِيكَ - مِنْ شَرِّ كُلِّ نَفْسٍ أَوْ عَيْنٍ حَاسِدٍ - اللَّهُ يَشْفِيكَ -

- بِسْمِ اللَّهِ أَرْقِيكَ - Sahi Ahmed; 3: 58-75

- The point to be noted here is: Although this magic was so strong to take his life, it had no serious effect on him. This was because, being a Prophet and Messenger, he was in constant zikr of Allah. Hence, just as all the other plots that the Prophet ﷺ was afflicted with and protected from, the effects of magic could not go beyond his body, and have any effect on his mind or heart. On the other hand, he only realized the symptoms and was immediately informed by Jibrael عليه وسلام. <sup>22</sup>

And our Prophet ﷺ was sent the Mu'awwidhatayn, so that he may teach his Ummah,

- To make his Ummah realise that, like others, he was only a human being,
- To show that Sihr does exist
- To teach us the method to relieve ourselves from the fear of Sihr.
- To teach us that, to prevent Sihr from affecting us, we should keep remembering Allah always, and should do Salaat and Zikr regularly.

We find that this was the practical way of our dear Prophet ﷺ, who was a living example for his Ummah, as he was in all of his other deeds. We must realize that it was because of his devotion and Taqwah that he was saved.

This is how this Hadith has to be explained.

This is very important because, although all the prophets brought the same message, their teachings were abandoned by their followers, who chose to venerate the very Prophets who taught them to worship Allah Alone.

<sup>22</sup> Philip, Bilal. / "world of Jinn" Pg. 122- 123

Our dear Prophet used to recite many words from the Quran, and also what Allah taught him, seeking refuge with Allah from all evil, and deeds that would lead to shirk. Nowhere is it mentioned that he recited it and preserved it in a bottle of water for his Ummah to use. He ﷺ encouraged his Ummah to obey him in all his actions and warned us that if we deviate from his way, we will go astray.

**These Duas can be recited by anyone who says his Salaat, is well versed in recitation, and understands the meaning of what he says.**

□ *O Allah, I seek refuge in you, lest I associate anything with YOU knowingly, and seek Your forgiveness for what I know not. – Sahi Hadith, Ahmed 4/ 809*

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أُشْرِكَ بِكَ وَأَنَا أَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ

□ *O Allah, there is no portent other than YOUR portent, no goodness other than YOUR goodness, and none worthy of worship other than you.*

اللَّهُمَّ لَا طَيْرَ إِلَّا طَيْرُكَ، وَلَا خَيْرَ إِلَّا خَيْرُكَ، وَلَا إِلَهَ إِلَّا عَيْرُكَ

□ *Say, "Indeed, my prayer, my rites of sacrifice, my living and my dying are for Allah, Lord of the worlds. –Al-Quran, Surah 6: 162-163*

قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ

□ *And upon Allah let those who would surrender [indeed] rely. Al-Quran, Surah 14: 12*

وَعَلَى اللَّهِ فَلْيَتَوَكَّلِ الْمُتَوَكِّلُونَ

He ﷺ used to warn us that “And, If Allah Should Touch You with Adversity, There Is No Remover of It Except Him; And If He Intends for You Good, Then There Is No Repeller of His Bounty. He Causes It to Reach Whom He Wills of His Servants. And He Is the Forgiving, The Merciful” - 10: 107

وَإِنْ يَمَسُّنَّكَ اللَّهُ بِضُرٍّ فَلَا كَاشِفَ لَهُ إِلَّا هُوَ - وَإِنْ يُرِدْكَ بِخَيْرٍ فَلَا رَادَّ لِفَضْلِهِ

يُصِيبُ بِهِ مَنْ يَشَاءُ مِنْ عِبَادِهِ وَهُوَ الْغَفُورُ الرَّحِيمُ -

## CONCLUSION:

Many argue about the following Hadith:

Ibn ‘Abbas (Radhi Allahu ‘anhu) narrated that the Messenger of Allah ﷺ said, “Seventy thousand people of my followers will enter Paradise without reckoning. They are those **who do not practice Ruqyah**, do not take evil omens, and place their trust in their Rabb.” \_ (Sahih al-Bukhari, 6472 – Sunnah.com)

However, numerous Hadith inform us that the Sahaba used to recite Sura Fatiha, the Mu’awwidhatayn, and other verses of the Quran for a cure from various problems. Why! Our Prophet himself used to recite the *Mu’awwidhatayn* upon his grandchildren to save them from Sihr and the Evil Eye.

There are many duas recommended by the Prophet ﷺ for helping us when in pain, and we do experience considerable relief when we recite them. Thus, reciting the verses of the Quran upon the person who is sick, hoping for a Cure, is allowed, *as long as they believe that all that happens happens only if Allah wishes.*

*That means, they do not depend fully on the Ruqyah, but trust that only Allah can cause the sickness or cure, as HE wishes.*

It is just like when a sick person goes to the doctor, and believes that although the doctor gives the medicine, *it is Allah who will cure him, if HE wishes.*

*Thus, ‘WHO DO NOT PRACTICE RUQYAH,’ here includes the remaining part of the sentence: ‘THEY DO NOT TAKE EVIL OMENS.’*

*That means, THEY DO NOT PARTAKE IN ANY INCANTATIONS (or tie the black thread around their wrists or waist. They also should not preserve the water on which the Ruqyah is blown, thinking it is holy water. All this is Tagoot by which Shaitan makes one feel that we will not be cured if we do not use it.) AND,*

**‘THEY PLACE THEIR TRUST IN THEIR RABB: LORD: ALLAH.’** A true believer does not consider that it is the Ruqyah that has cured them, but it is Allah who has cured them through it. They will not believe in bad omens, nor do any other rituals or incantations, nor approach the magicians who do Ruqyah (NUSHRAH) for money, leading them towards innovations and sin. Allah knows Best.

A Muslim is one who completely surrenders to the will of Allah, says regular Salaat, introspects his own mistakes (not slandering or backbiting by dwelling on

the mistakes of others), seeks forgiveness regularly, keeps reciting the Quran and keeps his tongue moist with the Zikr of Allah, checking every moment of his life, if he is doing deeds pleasing to HIM. There is no doubt that such will be at peace with himself and the world, and thus, will not have anything to worry or grieve.

Islam is a religion that not only teaches us how to reach Heaven, but also how to live our lives in this world, in peace and tranquillity. For all our problems, we need only read this wonderful Book: *the Quran*, and follow our Prophet ﷺ, who lived his life as a living example of the Quran.

Therefore, if we want to receive the Grace of Allah Subhanat'alah, and live in peace in this world, and receive the intercession of our dear Prophet ﷺ in the Hereafter, all we have to do is, obey and follow him ﷺ diligently, who told us to keep our lips moist with the zikr of Allah, maintain cleanliness, prevent evil thoughts from entering our mind etc.

There is NONE worthy of Worship other than Allah, and Mohammad ﷺ is the servant and Messenger of Allah, whom HE sent as a living example for us to emulate. If we disobey him, our Prophet Mohammad ﷺ will say:

□ "O my Lord, indeed my people have taken this Qur'an as [a thing] abandoned." (Al-Quran, Surah 25: 30)

وَقَالَ الرَّسُولُ يَا رَبِّ إِنَّ قَوْمِي اتَّخَذُوا هَذَا الْقُرْآنَ مَهْجُورًا

□ "Indeed, [O Muhammad], you do not guide whom you like, but Allah guides whom HE wills. And He is most knowing of the [rightly] guided." – (Al-Quran, Surah 28: 56)

إِنَّكَ لَا تَهْدِي مَنْ أَحْبَبْتَ وَلَكِنَّ اللَّهَ يَهْدِي مَنْ يَشَاءُ ۗ وَهُوَ أَعْلَمُ بِالْمُهْتَدِينَ

HE ﷺ WAS NOT SENT AS A DISPOSER OF OUR AFFAIRS,  
NOR WILL HE INTERCEDE FOR THOSE WHO DISOBEY HIM.

*THUS, LET US FOLLOW THE TRUE PATH, AND MAY ALLAH SAVE US FROM THIS  
UNREASONABLE FEAR AND SUSPICIONS THAT IS INDUCED BY SATAN, TO CAUSE  
DISUNITY AND DISCORD AMONG OUR BROTHERS.*

**MAY ALLAH GUIDE ALL OF US TOWARDS THE STRAIGHT PATH AND HELP US TO ATTAIN  
HIS ETERNAL PLEASURE. AMEEN.**

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*Thus, the Hadith that says: "those who do not practice Ruqyah, do not take evil omens, and place their trust in their Rabb." It is to be understood as,*

*'WHO DO NOT PRACTICE RUQYAH,' MEANS,  
 THOSE WHO DO NOT TAKE EVIL OMENS AND OTHER MEANS,  
 OR NOT PRACTICE MAGIC TO BREAK MAGIC,  
 BUT THEY SOLELY DEPEND ON ALLAH, NOT USE ONLY THEIR LOGIC,  
 AND FOLLOW OUR PROPHET'S ﷺ WAY OF ATTAINING CURE  
 THROUGH RECITING THE DUAS THAT HE USED FOR PROTECTION AND CURE.  
 THUS, RUKIYA IS NOT ONLY FOR THE SICKNESS OF THE UNSEEN, FOR SURE.  
 PSYCHIATRIC ILLNESSES, FOR SCORPION BITES, AND FEVER, FLU, WE CAN PROFIT.  
 BY RECITING THE RUQYAH: THE VERSES SHOWN BY OUR PROPHET ﷺ  
 IT IS NOT ONLY FOR POSSESSION OF JINN, MENTAL ILLNESS, OR DEPRESSION.  
 BUT ALSO, ANY DISCOMFORT YOU FEEL, WHETHER A HEADACHE, FEVER, OR  
 CONGESTION,  
 THE INCESSANT CRYING OF THE BABY, DISAGREEMENTS IN THE FAMILY,  
 FOR ANYTHING AND EVERYTHING, YOU SHOULD RECITE RUQYAH.  
 - GO TO THE DOCTOR, GET TREATED, AND SEEK THE HELP OF ALLAH  
 - CONSULT A PSYCHIATRIST, TRY TO RECONCILE BROKEN HEARTS  
 THROUGH COUNSELING,  
 BUT SEEK THE HELP OF ALLAH THROUGH HIS WORDS, RECITING.  
 SEEK PREVENTION RATHER THAN CURE,  
 THROUGH THE AZKAAR THAT OUR PROPHET HAS TAUGHT US, EVER SO PURE.  
 MAY ALLAH SUBHAN WA TA'ALA GUIDE ALL OF US  
 FROM TURNING TO ANYTHING OTHER THAN HIM, LET HIM SAVE US,  
 TO BE DEPENDENT SOLELY ON OUR CREATOR FOR ALL OUR PROBLEMS,  
 AND AS A RESULT, NOT FALL INTO THE DOLDRUMS.  
 AMEEN.*