

INFLUENCE OF SALAAH ON THE COURSE OF OUR DAILY LIFE.

1. FAJR:

When we start the Day with the Fajr,

We ask Allah to keep us happy and on the Path of Allah, the whole day.

We ask him to save us from the evil temptation of the Devil during our business transactions and our dealings with the people outside our house.

We pray that our house remains safe from the temptations and tribulations of the Evil of Shaitan.

This is so that we may go out to do our work in peace.

2,3, AND 4: DHUHR, ASR, AND MAGRIB:

Usually, one starts their day after 10 o'clock.

Once we start, we are so engrossed in it that we have no time to think of anything else.

There is a possibility that we may have trouble with our boss or face some problems.

This causes strain and tension.

This tells on our health.

We get tired or tense, leading to various related diseases.

- The breaks after every three hours for Salaah give us relief.
- It gives us time to ponder and make the right decisions with the Help of Allah.
- We can leave all the consequences of our deeds with HIM.
- We can return to our work with a calm mind and work harder to achieve our goal, whether it is business or other work. Thus, we return home in ease.

(Today, science tells us that it is good to take a break every two to three hours from monotonous work, and meditation removes stress!)

5. ISHA:

At the end of the day, you must know that any businessman or shopkeeper takes stock of his accounts, regarding his profits and losses for the day.

He will try to check whether he has made any mistakes and ponder how to make his business more successful the next day.

Similarly, a true Muslim takes stock of how he has spent the whole day.

- Whether he has made any mistakes or gone against the Law of Allah.
- If he has done any good deed for the day, he thanks Allah for it.
- If he has done any wrong, he asks forgiveness from Allah and
- If he has slandered or backbitten anyone, he asks forgiveness from Allah, and he promises to rectify his sin by speaking well of him the next day.
- If he has hurt or cheated anybody during the course of his hectic schedule, he again asks forgiveness from Allah.

He decides to correct his mistakes and ask forgiveness from the one whom he has hurt- even if unknowingly.

For Allah will not forgive any, unless the one whom he has hurt forgives him.

This helps him to get a sound night's sleep.

He can polish his soul on a daily basis and will be at peace with himself.

It also helps prevent the accumulation of sins, which can lead him to HELL.

Even if he dies during his sleep, he can hope for Allah's Mercy and forgiveness.

This is the true aim of Salaah.

If anybody prays during the Salaah with complete surrender and intention,

Then he will have nothing to worry or grieve!!!---

(And Allah tells us to take account of yourself before you are asked for your Account on the Last Day.)